

Feeding strategies during fresh cow period in pasture-based dairy systems: metabolic adaptation to lactation and resumption of ovarian cyclicity in primiparous and multiparous cows

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Key Words:	Transition period, Metabolism, Parity, Metabolomics

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text are modifications from the CONSORT statement description (Altman DG et al. Ann Intern Med 2001; 134(8):663-694).

Paper section and topic	ltem	Descriptor of REFLECT statement item	Reported on Page #
Title & Abstract	1	How study units were allocated to interventions (eg, "random allocation," "randomized," or "randomly assigned"). Clearly state whether the outcome was the result of natural exposure or was the result of a deliberate agent challenge.	1-2
Introduction Background	2	Scientific background and explanation of rationale.	3-5
Methods Participants	3	Eligibility criteria for owner/managers and study units at each level of the organizational structure, and the settings and locations where the data were collected.	6-7
Interventions	4	Precise details of the interventions intended for each group, the level at which the intervention was allocated , and how and when interventions were actually administered.	6-9
	4b	Precise details of the agent and the challenge model, if a challenge study design was used.	NA
Objectives	5	Specific objectives and hypotheses. Clearly state primary and secondary objectives (if applicable).	6
Outcomes	6	Clearly defined primary and secondary outcome measures and the levels at which they were measured, and, when applicable, any methods used to enhance the quality of measurements (eg, multiple observations, training of assessors).	13-18
Sample size	7	How sample size was determined and, when applicable, explanation of any interim analyses and stopping rules. Sample-size considerations should include sample- size determinations at each level of the organizational structure and the assumptions used to account for any non-independence among groups or individuals within a group.	6-7
Randomization Sequence generation	8	Method used to generate the random allocation sequence at the relevant level of the organizational structure , including details of any restrictions (eg, blocking, stratification)	7
Randomization Allocation concealment	9	Method used to implement the random allocation sequence at the relevant level of the organizational structure , (eg, numbered containers or central telephone) , clarifying whether the sequence was concealed until interventions were assigned.	7



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Randomization	10	Who generated the allocation sequence, who enrolled study units, and who assigned	7
Implementation		study units to their groups at the relevant level of the organizational structure.	
Blinding	11	Whether or not participants those administering the interventions, caregivers and	NA
(masking)		those assessing the outcomes were blinded to group assignment. If done, how the	
		success of billing was evaluated. Provide justification for not using billing if it	
Statistical	12	Statistical methods used to compare groups for all outcome(s): Clearly state the level	12-13
methode	12	of statistical analysis and methods used to account for the organizational	12-15
methous		structure, where applicable: methods for additional analyses, such as subgroup	
		analyses and adjusted analyses.	
Results	13	Flow of study units through each stage for each level of the organization	6-7
Study flow		structure of the study (a diagram is strongly recommended). Specifically, for each	
-		group, report the numbers of study units randomly assigned, receiving intended	
		treatment, completing the study protocol, and analyzed for the primary outcome.	
Deenvitueent	4.4	Describe protocol deviations from study as planned, together with reasons.	7
Recruitment	14	Dates defining the periods of recruitment and follow-up.	7
Baseline data	15	Baseline demographic and clinical characteristics of each group, explicitly providing	7
		Information for each relevant level of the organizational structure. Data should	
		noesible	
Numbers	16	Number of study units (denominator) in each group included in each analysis and	7
analyzed	10	whether the analysis was by "intention-to-treat." State the results in absolute numbers	
		when feasible (eg, 10/20, not 50%).	
Outcomes and	17	For each primary and secondary outcome, a summary of results for each group,	13-19
estimation		accounting for each relevant level of the organizational structure, and the	
		estimated effect size and its precision (e.g., 95% confidence interval)	
Ancillary analyses	18	Address multiplicity by reporting any other analyses performed, including subgroup	NA
	40	analyses and adjusted analyses, indicating those pre-specified and those exploratory.	N I A
Adverse events	19	All important adverse events or side effects in each intervention group.	NA
Discussion	20	Interpretation of the results, taking into account study hypotheses, sources of potential	19-27
Interpretation		bias or imprecision, and the dangers associated with multiplicity of analyses and	
		outcomes, where relevant, a discussion of here immunity should be included. If	
		applicable, a discussion of the relevance of the disease chanelige should be included	

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Generalizability	21	Generalizability (external validity) of the trial findings.	NA				
Overall evidence	22	General interpretation of the results in the context of current evidence.	26-27				

For peer Review

Graphical abstract



Parity-dependent metabolic responses to differential fresh cow management in pasture-based dairy systems:

Highlights

- Strategic short-term TMR-confinement postpartum triggers parity-specific responses •
- Milk yield was higher in multiparous cows but not in primiparous cows •
- Energy balance benefits are more evident in primiparous cows under TMRconfinement
- Grazing from calving impaired metabolic adaptation in primiparous cows ٠
- Post-TMR shift to grazing altered metabolism and reduced milk production •

Interpretive Summary: Strategic TMR-confinement during the first 21 days postpartum 1 2 in pasture-based dairy systems elicits parity-dependent responses. This strategy improved energy balance and increased milk yield by 12% in multiparous cows, with 3 no production benefits in primiparous cows compared to those grazing with 4 supplementation from calving. Primiparous cows grazing from calving experienced a 5 greater metabolic challenge, with increased lipid and protein mobilization, whereas 6 those fed TMR showed a better energy status. After transitioning to grazing, both 7 parities underwent further metabolic adjustments and reduced milk production. The 8 9 feeding strategy did not shorten the postpartum anestrus period.

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- 11 Running head: Metabolic adaptation to fresh cow feeding management

12 Feeding strategies during fresh cow period in pasture-based dairy systems:

13 metabolic adaptation to lactation and resumption of ovarian cyclicity in

14 primiparous and multiparous cows

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28 Abstract

The study aimed to determine whether confinement with total mixed ration (TMR) during the first 21 days in milk (DIM), followed by grazing supplemented with partial mixed ration (PMR), alleviates negative energy balance, enhancing productive performance and accelerating the resumption of ovarian cyclicity in primiparous and multiparous dairy cows, relative to a control group managed on grazing supplemented with PMR after calving. Following calving, 16 primiparous and 24 multiparous Holstein

dairy cows were blocked and randomly distributed in two treatments: one included 35 grazing plus supplementation with PMR after calving (T0), while the other one involved 36 confinement with TMR ad libitum during the first 21 DIM and the same feeding 37 management of T0 from day 22 onwards until 60 DIM (T21). Primiparous cows showed 38 no significant differences between treatments in milk production. However, T21 39 primiparous cows displayed lower non-esterified fatty acids (NEFA), greater glucose, 40 and greater insulin and IGF-1 concentrations compared to T0 primiparous cows during 41 the 21 DIM of the feeding management. In contrast, multiparous T21 cows achieved 42 greater milk production during the first 21 DIM, with no differences in NEFA and BHB 43 levels but greater insulin and IGF-I concentrations than multiparous T0 cows. Both 44 parity groups in T21 underwent an extra metabolic adaptation following the 45 management change at 22 DIM, increasing NEFA and BHB concentrations, and 46 decreasing milk production during this period. Despite the improved endocrine-47 metabolic profile observed in T21 during the first days postpartum, no differences were 48 found in the resumption of ovarian cyclicity which was shorter in multiparous than 49 primiparous cows. Untargeted metabolomics supported evidence that primiparous 50 cows grazing from calving had greater lipid and muscle mobilization than other groups, 51 52 reflected by lower glucose and greater creatinine, dimethylglycine, and formate. Strategic feeding management during the fresh cow period affects the metabolic 53 adaptation to lactation, but milk production responses were observed only in 54 multiparous cows, reflecting parity-specific homeorhetic priorities. 55

56

57 **Keywords:** Early lactation, Transition period, Metabolism, Parity, Metabolomics.

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Author-defined abbreviations: NEB = negative energy balance; NEFA = non-esterified fatty acids; PMR = partial mixed ration; T0 = Cows grazing in one session and supplemented with PMR from calving to 60 DIM; T21 = cows fed a TMR ad libitum in confinement from calving until 21 DIM, and managed as T0 cows from 22 to 60 DIM.

63 Introduction

The transition period, defined as the 21 days before and after calving (Grummer, 1995), 64 represents a critical phase during which dairy cows undergo profound endocrine-65 metabolic shifts and are subjected to new management conditions. Particularly, the 66 early postpartum period (Cardoso et al., 2020) is characterized by a rapid increase in 67 metabolic and nutrient demands essential for the onset of lactation (Bell, 1995). 68 Successful adaptation to the lactating state, along with the early resumption of ovarian 69 cyclicity to facilitate conception, ultimately determines cow's longevity in the herd and 70 farm profitability (Drackley, 1999). The well-documented negative energy balance 71 (NEB) during this period, marked by elevated concentrations of non-esterified fatty 72 acids (NEFA) and BHB along with reduced insulin and IGF-1, has been associated 73 with compromised productive and reproductive outcomes (Patton et al., 2007; Butler, 74 2014). This endocrine-metabolic response and NEB are primarily genetically regulated 75 to support milk production via homeorhetic pathways (Bauman and Currie, 1980; 76 Friggens et al., 2004), yet physiological homeostasis is also responsive to nutritional 77 management (Friggens et al., 2004; Roche et al., 2009). Maximizing dry matter and 78 energy intake in the early postpartum could mitigate the severity and duration of NEB, 79 and has been extensively studied to enhance both productivity and reproductive 80 performance (Cardoso et al., 2020). 81

Pasture-based systems offer advantages from an economic perspective (White et al., 82 2002) and are well-received by consumers (Cardoso et al., 2019); however, NEB is 83 generally more pronounced compared to confinement systems (Kolver and Muller, 84 1998). This is due to the morphologic and chemical characteristics of pasture as well 85 as increased energy expenditure related to walking and grazing activities (Kolver and 86 Muller, 1998; Talmón et al., 2025). Various strategies, including increased 87 supplementation and combinations of grazing with partial mixed ration (PMR), have 88 been evaluated (Bargo et al., 2002; Meikle et al., 2013; Fajardo et al., 2015; Mendoza 89 et al., 2016; Méndez et al., 2023). Nonetheless, even when grazing accounted for only 90 91 one-third of the diet alongside PMR, energy status indicators in early lactation were still poorer compared to fully confined cows (Astessiano et al., 2015). Thus, a short-92 term confinement during the initial critical postpartum days may serve as a tool to 93 enhance nutrient intake and reduce energy expenditure, though research on this 94 approach remains scarce and inconclusive (AI lbrahim et al., 2013; Brady et al., 2021). 95 Feeding strategies based on total mixed ration (TMR) during the first 21 (AI Ibrahim et 96 al., 2013) or 30 days in milk (DIM; Brady et al., 2021) did not increase milk production 97 compared to cows grazing after calving, but some carry-over effect on greater milk 98 99 yield was suggested (Brady et al., 2021). Although this management resulted in some improved endocrine-metabolic indicators, no meaningful differences in the resumption 100 of ovarian cyclicity were found (Al Ibrahim et al., 2013; Brady et al., 2021). 101

The adaptation to lactation and the response to early postpartum feeding depend on parity. Multiparous dairy cows prioritize milk production while primiparous cows calving for the first time at young age (e.g., 24 months of age) must allocate nutrients for calf growth and milk production while still completing their growth (Wathes et al., 2007; Meikle et al. 2018). Moreover, primiparous cows, which constitute about 30% of the

herd, face additional challenges in adapting to first lactation due to interactions with 107 108 the remaining two-thirds multiparous cows (Wathes et al., 2006; Proudfoot and Huzzey, 2022). Reports on the energy status of primiparous versus multiparous dairy 109 cows are mixed, showing either better (Wathes et al., 2006; Morales Piñeyrúa et al., 110 2018) or worse outcomes (Meikle et al., 2004; Berry et al., 2006). Such discrepancies 111 can be attributed to factors like feeding management, age at first calving, and body 112 condition score, among others. In a recent study (Rivoir et al., 2025), we have shown 113 that the response to contrasting TMR vs grazing plus PMR feeding systems at the 114 onset of lactation (21 DIM) was dependent on parity. Indeed, while multiparous TMR 115 cows increased their milk production when compared to PMR+grazing cows, no 116 differences were observed in primiparous cows (Rivoir et al., 2025). However, no 117 studies have compared the endocrine-metabolic adaptation to lactation in primiparous 118 and multiparous cows under contrasting TMR vs grazing plus PMR feeding systems at 119 the onset of lactation (21 DIM), and their transitioning from the indoor TMR-based diet 120 to that pasture-based system. 121

This study hypothesizes that TMR confinement during the first 21 DIM modifies the 122 metabolic adaptation to lactation and, in consequence, the productive and reproductive 123 124 performance, compared to cows managed on grazing with PMR supplementation after calving, and that the response to the management is dependent on parity. Thus, this 125 study aimed to determine whether TMR-confinement during the first 21 DIM, followed 126 by grazing with PMR supplementation, endocrine-metabolic indicators, and their 127 association with milk production and resumption of ovarian cyclicity in primiparous and 128 multiparous dairy cows, relative to a control group managed on grazing plus PMR 129 supplementation after calving. 130

131

132 Material and methods

This study was performed at the Estación Experimental Mario A. Cassinoni, Facultad
de Agronomía, Universidad de la República, Paysandú, Uruguay (32° 23'07.6 "S 58°
03'17.9" W). The protocol was approved by the ethics committee of the Universidad
de la República (Comité de Ética en el Uso de Animales de Experimentación, CEUACHEA ID 1344, exp. 020300-501632-21).

138 Animals and treatments

The study was performed with 16 primiparous and 24 multiparous Holstein dairy cows 139 that calved in winter. Sample size calculations were performed through Proc POWER 140 (SAS OnDemand for Academics, v. 3.1.0, SAS Institute Inc., Cary, NC, USA), 141 assuming an expected mean difference of 10% for all variables, with a significance 142 level of 0.05 and a power of 0.8, based on previous reports (Kolver and Muller, 1998; 143 Bargo et al., 2002; Vibart et al., 2008; Meikle et al., 2013; Mendina et al., 2024). Sample 144 size results ranged from 8 to 12 cows per treatment, depending on the variable. Before 145 calving, cows were blocked according to the number of lactations, expected calving 146 date, body weight (BW), and BCS, and then randomly distributed into two treatments 147 which started immediately after calving until 60 DIM. One incorporated grazing plus 148 supplementation with PMR after calving (T0), and the other one involved confinement 149 with TMR ad libitum during the first 21 DIM and the same feeding management as T0 150 from day 22 onwards (T21). Productive variables and ingestive behavior of the cows 151 used in this experiment have been previously published (Rivoir et al., 2025). All the 152 animals underwent a clinical examination by a veterinarian between 5 and 10 days 153 postpartum to check their health status and ensure their continuity in the experiment. 154 Because of calving complications or serious illnesses (caesarean section, downer cow 155

syndrome, metritis), some animals were removed from the experiment. The final number of animals enrolled in the experiment included 15 primiparous (8 and 7 in the T0 and T21 groups, respectively) and 19 multiparous (8 and 11 in the T0 and T21 groups, respectively). The range of the calving date was of 25 days between first and last calving, the mean number of lactations of multiparous was 2.7 ± 1.1 , BW at calving was 566 ± 48 for primiparous and 665 ± 89 kg for multiparous, and BCS at calving was 3.2 ± 0.2 and 3.3 ± 0.2 for primiparous and multiparous, respectively.

All animals had the same prepartum management in separate paddocks according to 163 parity and were fed a TMR with anionic salts. During the postpartum period, 164 primiparous and multiparous cows were managed together within each treatment, 165 reflecting commercial practices. After calving, cows in T0 went out to graze between 166 morning and afternoon milking (7:00 to 14:00 h) and stayed in an outdoor soil-bedded 167 yard where supplementation with PMR was offered, during the rest of the day. The 168 outdoor yard had natural shade and automatic water troughs. Cows in T21 were 169 housed in a compost-bedded pack barn during the first 21 DIM with ad libitum TMR, 170 coming out only for milking. The compost barn consisted of a roofed barn, with 171 ventilation (both natural and with fans) and sprinklers for cooling the animals in the 172 173 feed alley. The area of compost-bedded pack was 13.5 m²/cow. There was an adjacent feeding area of concrete with 6.75 m²/cow with automatic water troughs and feed bunks 174 with a linear space of 0.77 m/cow. The bedded pack management is described by 175 (Mendina et al., 2024). From 22 DIM onwards, cows of T21 joined T0 treatment and 176 were managed together until 60 DIM. 177

The amount of TMR offered to T21 was adjusted to obtain an ad libitum consumption (approximately 10% of feed refusal). A PMR was supplied for cows under T0 treatment to complement pasture intake, according to the weekly pasture allowance (assuming

50% of pasture utilization). The daily herbage allowance was at least three times higher 181 than the expected DMI (25 to 30 kg DM/cow/day at ground level). Forage resources 182 were paddocks with a third-year mixed pasture of Medicago sativa and Dactylis 183 glomerata, a first-year pasture of Lolium multiflorum, Cichorium intybus, and Trifolium 184 pratense, second-year pasture of Festuca arundinacea, and annual grass of Avena 185 sativa or Lolium multiflorum. Grazing was carried out in a weekly occupation rotating 186 throughout grazing paddocks. Pasture supply was adjusted weekly based on pasture 187 growth rate and herbage condition at the start of grazing (number of expanded leaves 188 for grasses or nodes for lucerne), and the herbage mass in the grazing area. The 189 190 ingredients used in TMR and PMR are shown in Table A1, and the average chemical composition is shown in Table A2. The characteristics and average composition of the 191 pasture are shown in Table A3. 192

193 Routine and sample collection

The cows were milked twice a day at 4:00 and 15:00 h. A complete milking routine was 194 performed every milking, as described by Mendina et al. (2023). Milk production was 195 registered daily by an automatic recording system (GEA Farm Technologies, Inc) from 196 7 to 60 DIM. Milk samples were collected weekly during both daily milking for 197 determination of fat, protein, and lactose and analyzed using near-infrared 198 spectroscopy (Milkoscan Minor, Foss, Hillerød, Denmark). Total milk solids were 199 calculated as the sum of daily kilograms of fat, protein, and lactose from 7 to 56 DIM. 200 Weekly, from prepartum to 60 DIM, BCS was assessed and recorded by the same 201 observer using a 5-point scale (Edmonson et al., 1989). Blood samples were taken 202 from the coccygeal vein using an evacuated tube system (Vacuette 8 mL Serum Beads 203 Clot Activator, Greiner Bio-One GmbH) from one week before calving until 60 DIM. 204

Blood samples were centrifuged at 1,680 x g for 10 minutes at room temperature and 205 serum was stored at -20 °C until further analysis. Postpartum measurements of NEFA, 206 BHB, and cholesterol, were carried out two times a week from calving to 30 DIM and 207 then every 10 days until 60 DIM. Insulin and IGF-1 were analyzed once a week until 208 30 DIM, and then every 10 days until 60 DIM. Serum progesterone (P4) was 209 determined two times per week from 12 DIM until detection of resumption of ovarian 210 cyclicity, defined as the first day in which the concentration of serum P4 was greater 211 than 1ng/mL, remaining high in the following sampling (Adrien et al., 2012). Serum 212 samples from 21 and 60 DIM were collected for metabolomics analysis. 213

214 Metabolite and hormone determination

Serum NEFA, BHB, cholesterol, insulin, IGF-1, and progesterone concentrations were 215 determined at the Laboratorio de Endocrinología y Metabolismo Animal, Facultad de 216 Veterinaria, Universidad de la República, Montevideo, Uruguay. Metabolites were 217 measured by colorimetric assays on spectrophotometry (BA200, Biosystems S.A, 218 Barcelona, Spain) using commercial kits: NEFA-HR 2 (Fujifilm Wako Pure Chemical 219 Industries Ltd.), BHB, cholesterol (Biosystems S.A, Barcelona, Spain). The controls 220 used were those included in the kit and internal laboratory controls. The interassay and 221 intraassay CV for all determinations was less than 10%. Serum insulin concentrations 222 were determined by solid-phase radioimmunoassay (RIA) in a single assay using the 223 INS-IRMA kit (DIA Source Immune Assays S.A., Belgium). The assay sensitivity was 224 1.3 µIU/mL, and the intra-assay CV for control 1 (19.4 µIU/mL) was 6.3%, and for 225 control 2 (65.6 µIU/mL) 4.0%. Serum IGF-1 analysis was performed using an 226 automated solid-phase chemiluminescent immunoassay kit in conjunction with an 227 IMMULITE 1000 System (Siemens Healthcare Diagnostics, United Kingdom) 228

calibrated according to the instructions provided by the manufacturer. The interassay 229 CV for control 1 (142 ng/mL) and control 2 (224 ng/mL) were 8.9 and 6.9%, 230 respectively. The limit of detection for IGF-1 analysis was 14.4 ng/mL. Serum 231 progesterone was analyzed by a solid-phase radioimmunoassay (RIA) using a 232 commercial kit (MP Biomedicals, Los Angeles, CA, USA), as reported by Ruprechter 233 et al. (2020). The assay sensitivity was 0.11 ng/mL and the intra- and inter-assay CV 234 for Control 1 (0.5 ng/mL) were 19 and 21%, respectively, and for Control 2 (5 ng/mL) 235 8.9 and 16.6%, respectively. 236

Sample preparation and proton nuclear magnetic resonance (¹H-NMR) spectral acquisition

Blood serum samples were allowed to thaw at room temperature, and 200 µL of 239 aliquots were mixed with 400 µL of a deuterium oxide buffer solution pD 7.4 and 240 transferred to 5 mm NMR tubes (NE HL5 7, New Era Enterprises Inc., Vineland, NJ, 241 USA) as reported by Dona et al. (2014). Quality control samples were prepared by 242 pooling equal aliquots of all serum samples and were analyzed intermittently 243 throughout the analytical sequence. Their spectra were also acquired, and a principal 244 component analysis (PCA) was performed at the end of the run to verify that QC 245 samples clustered tightly at the center of the dataset, indicating analytical stability (Fig. 246 A1). All NMR spectra were recorded at 25 °C on a Bruker AVANCE III 500 NMR 247 spectrometer operating at ¹H and ¹³C frequencies of 500.13 and 125.76 MHz, 248 respectively (López-Radcenco et al. 2021). 1D ¹H free induction decays were zero-249 filled to 64 K points and apodized with a 0.3 Hz exponential window function before 250 Fourier transformation. ¹H NMR spectra were manually phased and baseline corrected 251 using MNova (version 10.0, MestreLab Research, S.L., Santiago de Compostela, 252

Spain) and referenced to the α -glucose resonance at 5.22 ppm present in all serum samples. Manually-selected spectral regions were aligned, and the data was normalized to the total spectral area after excluding the residual water resonance signal (4.60–5.00 ppm). The resulting data matrix was then exported as a text file for multivariate analyses.

258 Metabolite identification and quantification

Metabolites were identified by comparison of 1H NMR data against spectral 259 repositories, including the Biological Magnetic Resonance Bank (BMRB) (Hoch et al., 260 2023), the Human Metabolome Database (HMDB) (Wishart et al., 2022), and 261 Chenomx (version 9, Chenomx, Inc., Edmonton, Canada). When required, metabolite 262 identification was confirmed with data from 1D-TOCSY and HSQC spectra. Variations 263 in the levels of unambiguously identified serum metabolites were estimated using 264 relative concentrations. This figure was computed as the ratio between the area from 265 individual metabolite ¹H NMR signal and the total area of the spectrum. 266

267 Statistical analysis

For milk production, TMS, BCS, metabolites, and hormones, the assumption of 268 normality was determined by the Shapiro-Wilk statistic. All those variables were 269 analyzed using a generalized linear mixed model (GLIMMIX procedure; SAS Studio®), 270 with fixed effects defined as treatment, DIM, parity, and their interactions. When the 271 interaction was not significant, the term was removed from the model, as described by 272 Brady et al. (2021). The block was considered a random effect. The cow was used as 273 the experimental unit. The covariance structure was compound symmetry for milk and 274 total milk solids production, and autoregressive order 1 for BCS, metabolites and 275

hormones, as they better fitted the Akaike information criterion (AIC) value. Variables 276 with a single data point such as delta BCS (Δ BCS) at 21, Δ BCS at nadir, and days at 277 nadir were analyzed using GLIMMIX procedure of SAS (SAS Studio®) as described in 278 Brady et al. (2021). For these analysis, fixed effects were defined as treatment, parity, 279 and the interaction between treatment and parity. The BCS at calving was used as a 280 covariate in all BCS related analyses. Significance was considered with alpha ≤ 0.05 , 281 and a tendency between 0.05 and 0.10. Post hoc comparisons were performed with 282 Tukey-Kramer test. The probability of resumption of ovarian cyclicity analysis was 283 carried out using Cox's proportional hazards regression models (PHREG procedure; 284 SAS Studio®), including as fixed effects the treatment and parity. When significant, the 285 outputs are presented as a hazard ratio (HR) set to the reference group, where a HR 286 >1 means that an event occurs sooner, whereas a HR <1 means that an event will 287 occur later (Cox, 1972). Survival curves illustrating the evolution of resumption of 288 ovarian cyclicity per parity and treatment are presented. Multivariate statistical 289 analyses, including principal component analysis (PCA) and orthogonal partial least 290 squares discriminant analysis (OPLS-DA), were carried out with the PLS Toolbox 291 package (version 8.5, Eigenvector Research Inc., Manson, WA, USA) implemented for 292 MATLAB (revision 2017b, The MathWorks Inc., Natick, MA, USA). For all models, the 293 data was mean-centered and scaled using a Pareto factor (van den Berg et al., 2006). 294 Cross-validation of all OLPS-DA models was achieved using the random subset 295 method, which involved 20 iterations over data split into 8 equally sized parts. Receiver 296 operating characteristic (ROC) curves were plotted, and area under the curve (AUC) 297 values were calculated to ensure the goodness of fit of the resulting models. A 298 permutation test with 50 iterations was also performed to determine the degree of over-299 fitting and further validate the discriminant analyses (Ni et al., 2008). The results from 300

- these validations are provided in Appendix (Figures A2–A3). Metabolomics univariate
 analyses were performed as described for metabolites.
- 303 **Results**

304 Milk production, total milk solids, and probability of resumption of ovarian

305 cyclicity

Milk production was affected by parity (Table 1) as multiparous cows produced 36.5% 306 more milk than primiparous cows (40.0 vs 29.3 L/cow/day). The triple interaction of 307 treatment, parity and DIM was also significant. During the differential management 308 period, no differences in milk production were observed between treatments in 309 primiparous cows, while T21 multiparous cows produced more milk than T0 310 multiparous cows. Following the shift to grazing, T21 primiparous cows exhibited lower 311 312 milk production than T0 primiparous cows between 28 and 42 DIM, and then milk production converged between treatments (Fig. 1A). In T21 multiparous cows, milk 313 production dropped following the management change, reaching levels comparable to 314 those of T0 multiparous cows and remained stable until the end of the study (Fig. 1B). 315 Multiparous cows produced more milk solids than primiparous cows (4.94 vs 3.65 316 317 kg/cow/day, respectively, Table 1). The triple interaction was significant (Table 1), as primiparous T21 cows showed lower total solids than primiparous T0 cows at 42 DIM 318 (Fig. 1C), while in multiparous cows T21 yielded more milk solids than T0 at 7 and 14 319 DIM (Fig. 1D). 320

There was no significant effect of treatment on the days to resumption of ovarian cyclicity (32.7 ± 2.7 and 31.1 ± 3.1 days, for T0 and T21, respectively; P = 0.9038). Parity had a significant effect as primiparous showed a lower hazard of resumption than multiparous cows (HR = 0.42; P = 0.0380, Fig. 1E, F). Multiparous cows exhibited

an earlier resumption of ovarian cyclicity (28.5 \pm 2.2 days) compared to primiparous cows (36.4 \pm 3.8 days).

327 Body condition score, metabolites and hormones

The BCS was affected by treatment, as T21 cows showed a greater BCS on average 328 than those in the T0 group, and BCS decreased over DIM (Table 1). The T0 cows 329 showed a greater Δ BCS at 21 DIM compared to T21 cows (-0.22 \pm 0.04 vs -0.10 \pm 330 0.04, P = 0.0280), and tended to have a greater Δ BCS at nadir than T21 cows (-0.53) 331 \pm 0.05 vs -0.40 \pm 0.05, respectively, P = 0.0683). The Δ BCS at nadir was lower for 332 primiparous than multiparous cows (-0.37 \pm 0.06 vs -0.56 \pm 0.05, P = 0.0368) and 333 primiparous also reached the nadir earlier (31.5 \pm 4.7 days) than multiparous cows 334 $(50.9 \pm 3.9 \text{ days}; P = 0.0110).$ 335

The concentrations of NEFA were significantly affected by the treatment, with T0 cows 336 exhibiting greater concentrations than T21 cows (Table 1). Additionally, NEFA 337 concentrations were significantly affected by the triple interaction of treatment, parity, 338 and DIM. In T0 primiparous cows, NEFA concentrations were greater than those of 339 T21 primiparous cows during the first 21 DIM (Fig. 2C). On the other hand, multiparous 340 cows showed no differences in NEFA concentrations until 15 DIM, after which T21 341 multiparous cows exhibited a more rapid decline, resulting in lower concentrations than 342 T0 multiparous cows from 18 to 21 DIM (Fig. 2D). In the first week after the 343 management change (day 25), T21 primiparous cows had greater NEFA 344 345 concentrations than T0 primiparous cows, with no differences observed thereafter. In multiparous cows, no differences in NEFA concentrations were detected between 346 treatments following the management change. However, T21 multiparous cows 347 experienced a rise in NEFA concentrations between days 25 and 30, surpassing 348

prepartum levels, with no differences observed thereafter. Concentrations of BHB were
significantly affected by the triple interaction of treatment, parity, and DIM (Table 1).
No differences were observed in primiparous cows between treatments, while after the
transition to grazing T21 multiparous cows exhibited greater BHB concentrations than
T0 multiparous cows (Fig. 2F).
Cholesterol concentrations were affected by the triple interaction (Table 1). Although

both treatments exhibited similar profile evolution, cholesterol levels were greater in T0
 cows at 21 DIM for primiparous (Fig. 2G), and between 18 and 25 DIM for multiparous
 cows (Fig. 2H), compared to their parity counterparts in the T21 group.

Greater insulin concentrations were found in T21 cows compared to those in the T0 358 group, and in primiparous compared to multiparous cows (Table 1). The interaction 359 between treatment and parity was significant (P = 0.0007). Average insulin 360 concentrations were greater in T21 primiparous cows than in T0 primiparous cows 361 (21.8 ± 1.3 vs 13.8 ± 1.23 ng/mL; P < 0.0001), and in T21 multiparous compared to T0 362 multiparous cows ($12.3 \pm 1.0 \text{ vs} 10.1 \pm 1.2 \text{ ng/mL}$; P = 0.0482). Insulin concentrations 363 was also affected by the interaction among treatment, parity and DIM (Table 1). While 364 T21 primiparous cows had greater insulin concentrations during the first 21 DIM 365 compared to T0 primiparous cows, with similar values thereafter (Fig. 3A), T21 366 multiparous cows showed greater insulin concentrations at 3 and 9 DIM but reached 367 comparable levels to T0 multiparous cows thereafter (Fig. 3B). This interaction also 368 revealed differences between parities within treatment, as primiparous cows in T21 369 had consistently greater insulin concentrations than multiparous T21 cows across most 370 days. In contrast, no significant differences between parities were observed over time 371 in the T0 group. 372

On average, greater IGF-1 concentrations were found in T21 cows compared to T0, and in primiparous compared to multiparous cows (Table 1). The concentration of IGF-1 was affected by the interaction among treatment, parity and DIM (Table 1). Both primiparous (Fig. 3C) and multiparous (Fig. 3D) T21 cows had greater IGF-1 concentrations from 3 to 21 DIM compared to their counterparts in T0, with no differences thereafter. In both treatments, primiparous cows showed consistently greater IGF-1 concentrations than multiparous over time.

380 Serum metabolomics

To identify potential clustering based on treatment, time point, and parity, a PCA was performed as an unsupervised classification method using the data obtained from the ¹H NMR spectra of all serum samples, including quality controls. The score plot suggested a separation between treatments in primiparous cows at 21 DIM (Fig. 4A). In contrast, the distinction between treatments was not clear in multiparous cows at 21 DIM (Fig. 4B), as well as for primiparous (Fig. 4C) and multiparous cows (Fig. 4D) at 60 DIM.

These results were further confirmed using supervised classification (OPLS-DA), 388 which showed a clear divergence between treatments only in primiparous cows at 21 389 DIM (Fig. 5A). The accuracy of discrimination was tested, yielding an AUC of 0.96 in 390 the ROC analysis, and was also statistically significant in the permutation test. The 391 corresponding loading plot indicated that glucose and valine were more abundant in 392 primiparous cows, whereas urea, acetoacetate, BHB, lactate, glycine, T21 393 dimethylglycine, choline, betaine, creatine, creatinine, alanine, acetate, and lipids were 394 present at greater concentrations in T0 primiparous cows (Fig. 5B). Although the 395 OPLS-DA model for multiparous cows at 21 DIM showed a similar trend (Fig. 5C, D). 396

it had a lower AUC (0.77) and did not pass permutation test validation. Likewise, the 397 OPLS-DA models for both parity groups at 60 DIM failed to pass the permutation tests, 398 with AUC values of 0.71 and 0.61 for primiparous and multiparous cows, respectively. 399 After conducting the univariate analysis based on the relative concentrations of 400 individual metabolites obtained from spectral integration, metabolites affected by the 401 treatment, or its interaction were included for description. The relative concentrations 402 of glucose differed according to the interaction between treatment and parity (Table 2), 403 as they were greater in T21 than in T0 primiparous cows but showed no differences 404 for multiparous cows (Figure 6A, B). Also, primiparous T21 cows showed greater 405 glucose concentrations than multiparous T21 cows, but no differences between 406 parities were found in T0 cows. The interaction between parity and day was significant, 407 as glucose concentrations were lower for multiparous than primiparous cows at 60 408 DIM, without differences between parities at 21 DIM. The relative concentrations of 409 BHB differed according to the interaction between treatment and day, as T0 cows had 410 greater concentrations than T21 cows at 21 DIM (P = 0.0215, Fig. 7C), while T21 cows 411 at 60 DIM showed greater concentrations of this metabolite than T0 cows (P = 0.0378). 412 Acetate differed according to the interaction between treatment and parity, as its 413 414 relative concentration in the T21 group was greater in multiparous than in primiparous cows (P = 0.0029), without differences between parities in T0 cows. Valine and 415 histidine concentrations were affected by the interaction between treatment and day, 416 as T21 cows had greater concentrations of these amino acids than T0 cows at 21 DIM, 417 but no differences were found at 60 DIM. Creatinine concentrations were greater in T0 418 than T21 cows and in primiparous compared to multiparous cows. A significant 419 interaction between treatment and day was observed, with T0 cows showing greater 420 creatinine concentrations than T21 cows at 21 DIM (P = 0.001), without differences 421

between treatments at 60 DIM. Creatinine concentrations increased from 21 to 60 DIM 422 in T21 cows (P = 0.0009), whereas no changes over time were observed in T0 cows. 423 A tendency in the interaction between treatment and parity was detected, as creatinine 424 concentrations were greater in primiparous T0 than in primiparous T21 (P = 0.0049) 425 and multiparous T0 cows (P = 0.0028). However, no differences were found between 426 treatments in multiparous cows or between parities in T21 cows. Allantoin 427 concentrations tended to be greater in T0 than T21 cows (Table 2). There was a 428 tendency for the interaction between treatment and day as T0 cows had slightly greater 429 concentrations of this diureide than T21 animals at 21 DIM (P = 0.0563). Allantoin 430 concentrations tended to decrease from 21 to 60 DIM in T0 cows (Table 2). The 431 interaction between parity and day was significant as multiparous showed greater 432 allantoin concentrations than primiparous cows at 21 DIM (P = 0.0032), decreasing at 433 60 DIM compared to their 21 DIM levels (P = 0.0039). Dimethylglycine concentrations 434 tended to be greater in T0 than in T21 cows. There was a significant interaction 435 between treatment and parity, as primiparous T0 had greater concentrations of this 436 metabolite than both primiparous T21 (P = 0.0028) and multiparous T0 (P = 0.0049). 437 Formate concentrations were greater in T0 than in T21 cows. There was a tendency 438 439 for the triple interaction, as at 21 DIM, primiparous T0 cows had greater formate concentrations than primiparous T21 (P < 0.0001, Fig. 7P) and also compared to 440 multiparous T0 (P = 0.0043), decreasing at 60 DIM compared to their 21 DIM levels (P 441 < 0.0001). 442

443 **Discussion**

To the best of our knowledge, this is the first study to investigate the parity-specific responses in dairy cows to a differential feeding management (indoor-fed TMR ad

libitum for the first 21 days postpartum vs grazing with PMR supplementation after 446 calving) in terms of endocrine-metabolic adaptation to lactation which links to 447 productive and reproductive indicators. While TMR-confinement yielded a 12% greater 448 milk production in multiparous cows, no differences in milk production were detected 449 in primiparous cows during the first 21 DIM. However, the effect of the treatment on 450 the endocrine-metabolic indicators was more marked in primiparous than in 451 multiparous cows. The resumption of ovarian cyclicity was not affected by treatment, 452 but multiparous cows had a shorter anestrus than primiparous cows. Thus, the present 453 results suggest that strategic feeding management during the fresh cow period elicits 454 different metabolic and productive responses depending on parity. 455

456 In the same experiment but under two calving seasons, we have reported that this dietary intervention did not enhance the productive performance of primiparous cows 457 and suggested that an extended TMR period may be needed to reveal their full 458 productive potential (Rivoir et al., 2025). Indeed, greater milk production in primiparous 459 cows under TMR vs similar pasture-based systems was observed only after 35 DIM 460 (Meikle et al., 2013). For multiparous cows, the differences between treatments were 461 detected already at the first week postpartum, averaging 12% greater milk production 462 in T21 compared to T0 multiparous cows during the first 21 days postpartum. This 463 response aligns with reports of up to 15% greater milk production in Holstein 464 multiparous under similar feeding regimes during early lactation (Fajardo et al., 2015; 465 Mendina et al., 2024), and increases of 5–20% during mid-lactation (Bargo et al., 2002; 466 Mendoza et al., 2016; Salado et al., 2018, 2020). Previously, two studies evaluated 467 short-term TMR-confinement management during the first 21 (AI Ibrahim et al., 2013) 468 or 30 days postpartum (Brady et al., 2021), followed by two grazing sessions and 469 concentrate supplementation. Al Ibrahim et al. (2013) included only multiparous cows, 470

whereas Brady et al. (2021) adjusted parity in the model as a covariate. In these studies, no differences were found in terms of milk production, which has been attributed to the small magnitude of differences in DMI, as well as the lower starch and CP content of the TMR. Nonetheless, Brady et al. (2021) suggested a carryover effect on milk production as it tended to be greater in TMR-fed cows after the change of management.

In the present study, the T21 management was insufficient in generating carryover 477 effects on milk yield after the shift to grazing, which could be attributed to the short 478 duration of the feeding treatment (see review: Jørgensen et al., 2016) and the greater 479 milk production achieved during the differential period. Despite the drop in milk 480 production when switching to pasture plus PMR, the multiparous T21 cows were able 481 to adapt and maintain their milk production at the same levels as cows that were 482 already adapted. Similarly, no differences were observed in a longer intervention (first 483 10 weeks postpartum), when multiparous Holstein cows fed TMR ad libitum were 484 switched to grazing, compared to cows that grazed from calving (Fajardo et al., 2015). 485 In the present study, as in Fajardo et al. (2015), high levels of PMR were offered, which 486 combined with favorable pasture conditions, enabled cows to maintain a high DMI. 487 This contrasts with other studies where the transition to grazing, along with reduced 488 supplementation, was accompanied by marked declines in production (Schären et al., 489 2016; Hartwiger et al., 2018). In primiparous cows, the shift from TMR to grazing, 490 resulted in a maintenance of the milk production, while T0 primiparous cows continue 491 to increase milk production as part of the physiological lactation curve. This plateau in 492 T21 cows led to an 11% difference in milk yield during the first three weeks following 493 the management change. After that, milk production was no longer different between 494 T21 and T0 primiparous cows, coinciding with the time for behavioral, metabolic, and 495

ruminal adaptation to the shift from TMR to grazing previously reported (Schären et al.,

497 2016, 2017).

Regarding metabolic indicators, the similar NEFA concentrations in multiparous T21 498 and T0 cows in the first two weeks postpartum suggest that the greater milk production 499 observed in T21 was sustained by the extra dietary energy. On the other hand, the 500 lower NEFA concentrations in primiparous T21 cows compared to T0 cows -- and the 501 similar milk production mentioned above- is consistent with the better energy status 502 due to the TMR diet. These findings align with the reported lower capacity for nutrient 503 partitioning towards milk production in primiparous cows (Wathes et al., 2006; Friggens 504 505 et al., 2007; Morales Piñeyrúa et al., 2018; Ruprechter et al., 2018), in contrast to its prioritization in multiparous cows (Wathes et al., 2006, 2007). This aligns with BCS 506 findings, as primiparous cows showed a lower loss of BCS and earlier nadir than 507 multiparous cows, which likely prioritized the partitioning of body reserves to support 508 milk production over a longer period (Wathes et al., 2006; Friggens et al., 2007; 509 Morales Piñeyrúa et al., 2018; Ruprechter et al., 2018). Nevertheless, the mobilization 510 phase was still shorter for T21 than T0 multiparous cows, as evidenced by the lower 511 NEFA concentrations by 18-21 DIM in the former. Both parities in T21 experienced a 512 513 metabolic readaptation when starting to graze, which was reflected by the increase of NEFA and BHB concentrations. This finding could be attributed to the lower DMI and 514 energy density of the diet, as well as to the new energy expenditure in walking and 515 grazing activities (Kolver and Muller, 1998; Bargo et al., 2002), and behavioral and 516 social adaptation (Chilibroste et al., 2012). However, multiparous T21 cows maintained 517 greater BHB concentrations until the end of the study compared to T0 multiparous 518 cows, which seemed to be decreasing the activity of ketogenic pathways in this period. 519

Near the end of the differential management period (18 to 21 DIM), T0 cows exhibited 520 greater cholesterol concentrations compared to T21 cows. Cholesterol profiles in this 521 stage have been described as somehow controversial (Cavestany et al., 2005). 522 Positive associations with dry matter intake have been reported (Drackley et al., 2014; 523 Mendina et al., 2024), but unexpected lower concentrations of cholesterol in TMR-fed 524 cows have been attributed to nutrient-specific characteristics of the diet (Meikle et al., 525 2013). The elevated cholesterol concentrations in T0 cows could be attributed to the 526 greater ether extract content in the pasture and PMR compared to the TMR used in 527 this study (Supplementary Table 1 and 2). This difference appeared earlier and 528 persisted longer in multiparous T0 than in primiparous cows, likely due to the greater 529 intake capacity of the former animals. 530

The greater glucogenic sources in TMR-based diets were evidenced by the greater 531 insulin and IGF-1 concentrations during the differential feeding management period in 532 both parities of T21 compared to T0 cows (Kolver and Muller, 1998; Lucy et al., 2013). 533 Insulin and IGF-1 levels were greater over time in primiparous than in multiparous T21 534 cows, in line with the literature (Taylor et al., 2004; Wathes et al., 2007; Morales 535 Piñeyrúa et al., 2018; Ruprechter et al., 2020; Cattaneo et al., 2023), and the 536 uncoupling of the somatotrophic axis in favor of milk production in multiparous cows 537 (Bauman and Currie, 1980; Wathes et al., 2007). However, the difference in insulin 538 concentrations between parities was not expressed in T0 cows over time. Insulin has 539 been proposed as a more immediate indicator of daily nutrient intake, whereas IGF-1 540 profiles better reflect changes in BCS (Adrien et al., 2012). In this context, despite 541 being raised on pasture, primiparous cows seemed to struggle more with grazing 542 behavior (Chilibroste et al., 2012), potentially explaining their comparable insulin 543 concentrations along time to those of multiparous cows in the T0 group. These findings 544

545 could suggest differences between parities adapting to reach their potential DMI under 546 grazing conditions, in line with Chilibroste et al. (2012). Unfortunately, in the present 547 study we do not have precise measurements of individual pasture and PMR intake and 548 can thus only speculate based on PMR group feeding records and pasture intake 549 through energy balance or pasture disappearance estimations.

Even with several endocrine-metabolic differences between treatments in primiparous 550 cows, no effect on cyclicity was detected in this parity group. It has been suggested 551 that primiparous cows are more sensitive to endocrine-metabolic signals which can 552 delay the resumption of ovarian cyclicity (Santos et al., 2009). Factors limiting earlier 553 reproductive stimulation may include the brief treatment duration before peak lactation 554 and maximum feed intake capacity (Ingvartsen and Andersen, 2000), and the 555 556 metabolic re-adaptation after switching to grazing. Although it potentially alleviates the NEB in the first three weeks postpartum, the feeding management was insufficient to 557 impact the resumption of ovarian cyclicity in both primiparous and multiparous cows. 558 This is consistent with reports indicating that early lactation NEB and nutritional 559 strategies have limited effects on reproductive outcomes, as nutrients are primarily 560 directed toward milk production (De Vries and Veerkamp, 2000; Butler, 2014; Berry et 561 al., 2016). Nevertheless, and in agreement with previous findings (Meikle et al., 2004; 562 Santos et al., 2009; Adrien et al., 2012; Ruprechter et al., 2020), multiparous cows 563 exhibited a shorter postpartum anestrous period compared to primiparous cows. This 564 difference is likely attributable to the additional growth requirements of primiparous 565 cows (Coffey et al., 2006). 566

567 Serum metabolomic analyses revealed more significant differences between 568 treatments for primiparous cows at 21 DIM, than for multiparous cows. Multivariate 569 analyses did not detect significant differences between treatments at 60 DIM in either

primiparous or multiparous cows. Overall, the OPLS-DA loading plot for primiparous
 cows at 21 DIM is consistent with insulin data, indicating greater circulating glucose in
 T21 cows, while markers of lipid and protein mobilization were more abundant in T0
 cows.

Consistently, univariate analysis revealed that glucose concentrations differed 574 between treatments in primiparous cows, but not in multiparous cows. This finding 575 aligns with milk production and endocrine-metabolic profile results, as primiparous T21 576 cows did not respond to the feeding management with increased milk production but 577 rather exhibited improved energy balance indicators. Conversely, multiparous T21 578 cows likely directed the extra circulating glucose towards the mammary gland to 579 support greater milk yield, which could explain the lack of glucose differences between 580 multiparous T0 and T21 cows despite the dietary contrast. Similar to insulin profiles, 581 relative glucose concentrations did not differ between primiparous and multiparous 582 cows in the T0 group but did in the T21 group. The relative glucose concentrations 583 observed at 21 DIM declined at 60 DIM, suggesting a greater glucose uptake to meet 584 the greater milk production (Lucy et al., 2014). 585

Metabolomics data also detected greater BHB levels in T0 cows at 21 DIM, despite no 586 differences were detected by spectrophotometry on that day (Fig. 2E and F). These 587 data is consistent with greater NEFA concentrations in T0 cows and reflect the greater 588 NEB. Interestingly, BHB concentrations at 60 DIM were greater in T21 cows, which is 589 consistent with BHB profiles at this time and, as mentioned before, could be the result 590 of increased energy expenditure and nutrient intake levels upon transitioning to grazing 591 (Kolver and Muller, 1998; Meikle et al., 2013). The lower relative concentration of 592 acetate observed in primiparous T21 compared to T21 multiparous cows could reflect 593 the greater DMI capacity in the later, with a greater influx from the rumen (Drackley et 594

al., 2014), while this difference was not expressed in grazing cows with a greater
 proportion of acetate precursors (Ishler et al., 1996).

The greater concentrations of the glucogenic amino acids valine and histidine observed in T21 cows at 21 DIM may indicate a better protein balance status (Jorge-Smeding et al., 2021), which aligns with their improved energy status at this stage compared to T0 cows. Moreover, there was a decrease in both amino acids at 60 DIM in T21 cows, suggesting the limitation of the grazing plus PMR diet to maintain high milk production through its contribution to lactose and milk protein synthesis.

The level of creatinine, an indicator of body muscle mass and muscle protein 603 breakdown (Megahed et al., 2019; Sadri et al., 2023), was greater in T0 than in T21 604 cows at 21 DIM, a difference mainly originated from the greater concentrations of this 605 metabolite in primiparous T0 cows. Data suggest that primiparous T0 cows mobilized 606 protein reserves to sustain similar milk production levels than T21 cows (Megahed et 607 al., 2019). The greater creatinine levels in grazing could also be due to the higher 608 physical activity on walking and grazing. Our results also showed greater 609 concentrations of creatinine for primiparous T0 compared to multiparous T0 cows, but 610 this difference was not detected for T21 cows. Overall, it seems reasonable to suggest 611 612 that, under grazing conditions, primiparous cows struggle to meet their metabolic requirements during early postpartum (as further indicated by their lower glucose 613 concentrations), leading to increased muscle mobilization. Allantoin was greater in TO 614 than in T21 cows at 21 DIM, while no differences were observed at 60 DIM. This 615 metabolite has been linked to oxidative stress in cattle (Liao et al., 2018) and humans 616 (Kand'ár and Žáková, 2008), which may be particularly relevant during the immediate 617 postpartum period (Sordillo and Mavangira, 2014). Moreover, allantoin is also 618 associated with triglyceride metabolism and has been reported to be greater in cows 619

with subclinical ketosis (Wang et al., 2016), which, as previously described, may better
 align with the metabolic profile of T0 cows at this time.

Dimethylglycine and formate relative concentrations were greater in T0 vs T21 622 primiparous cows. Dimethylglycine is generated as a by-product in the conversion from 623 betaine to methionine. This process releases a one-carbon unit, which can be oxidized 624 to formate, contributing to the one-carbon pool for nucleotide synthesis and 625 methylation reactions (McFadden et al., 2020). Dairy cows are unable to synthesize 626 methionine in sufficient quantities to meet the demands for fetal growth and milk protein 627 synthesis (Arshad and Santos, 2024). With the conversion from betaine to methionine, 628 cows rely heavily on folate metabolism to support methylneogenesis during the 629 peripartum period and early lactation (Xue and Snoswell, 1986), which may explain the 630 greater abundance of both dimethylglycine and formate observed in primiparous T0 631 cows, particularly at 21 DIM, coinciding with their more pronounced NEB. Although 632 knowledge of one-carbon metabolism in dairy cows remains limited, the marked 633 differences observed in these metabolites reinforce their relevance not only in milk 634 production, but also in hepatic health and immune response, making this a growing 635 area of interest as previously reported (McFadden et al., 2020). 636

In conclusion, strategic feeding management during the fresh cow period elicits distinct 637 endocrine-metabolic and productive responses, reflecting parity-specific homeorhetic 638 priorities. Feeding TMR ad libitum during the first 21 days postpartum allowed 639 primiparous cows to preserve body reserves without increasing milk yield, whereas 640 primiparous cows managed under grazing and supplemented with PMR after calving 641 appeared to struggle to meet their metabolic requirements, relying on greater lipid and 642 muscle mobilization. In contrast, multiparous cows fed TMR exhibited greater milk 643 production and similar lipid mobilization levels in the first two weeks postpartum 644

compared to their counterparts in a pasture-based system after calving. The transition from TMR to grazing management triggered a metabolic re-adaptation in both parities, and no carryover effect on milk production was observed. Despite the productive and metabolic benefits, the differential fresh cow feeding strategy with TMR during first 21 days postpartum did not influence the time to the resumption of ovarian cyclicity.

650 Notes

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916 Appendix



917

Figure A1. PCA score plot obtained from ¹H-NMR spectral data of serum samples collected at 21 and 60 DIM from primiparous and multiparous cows in T0 and T21 groups, and quality control (QC) samples (yellow circles).



Figure A2. Permutation test plots for the OPLS-DA model comparing primiparous TO

ien

924 and T21 at 21 DIM (R2Y = 0.92 and Q2Y = 0.48).



Figure A3. ROC analysis curves derived from the OPLS-DA model comparing primiparous T0 and T21 at 21 DIM (AUC = 0.96).

929	Table A1. Ingredient of	composition ((% of DM) of TMR	and PMR.
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Treatments	Т0	T21	T0 & T21
Period	0-21	DIM	22-60 DIM
Ingredients, % of DM			
Corn silage	15	44.3	16.4
Sorghum silage	27.6	-	24.3
Moha hay	1.7	4.6	-
Corn grain	19.1	17.4	21
Soybean meal	10.5	11.7	7.2
Canola meal	-	5.8	-
Sunflower expeller	-	5.8	-
Soybean hulls	-	7.7	-
Wheat bran	22.7	-	24.1
Corn DDGS	-	-	3.1
Minerals and vitamins	3.7	2.5	3.9
Forage:concentrate ratio	44:56	49:51	41:59

Abbreviations: DM: Dry matter, DDGS: Dried distillers grains with soluble.

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Table A2. Chemical composition and offer of TMR (T21) and PMR (T0 and both

932 treatments after 22 DIM)¹

Treatments	ТО	T21	T0 & T21
Period	0-21	DIM	22-60 DIM
% of DM ²			
DM	40.1 ± 2.1	50.2 ± 2.4	45 ± 4.1
СР	14.3 ± 0.05	17.1 ± 0.3	14.3 ± 0.4
NDF	39.2 ± 1.6	36.5 ± 1.8	40.0 ± 1.7
ADF	17.6 ± 1.0	18.9 ± 1.6	17.4 ± 0.5
Ash	9.1 ± 0.1	7.5 ± 0.4	9.9 ± 0.9
Ether extract	2.4 ± 0.3	1.9 ± 0.1	2.5 ± 0.3
NEL (Mcal/kg DM)	1.64 ± 0.02	1.62 ± 0.05	1.65 ± 0.01
Offer (kg DM/d)*	13.3 ± 0.5	29.9 ± 3.5	13.1 ± 0.8

 1 Values expressed as the average ± the standard deviation.

² DM: Dry matter, PC: Crude protein, NDF: Neutral detergent fiber, FDA: Acid detergent fiber, NEL:
 Estimated net energy of lactation using NEL (Mcal/kg) = 2.149 - (0.0223 × ADF), (NRC, 2001).

* The amount of offered PMR corresponded to the intake, as indicated by the empty feeders in the morning.

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Treatments	ТО	T0 & T21
Period	0-21 DIM	22-60 DIM
Herbage allowance, kg DM/cow/d	27.6 ± 0.6	27.1 ± 4.5
Pre-grazing herbage mass, kg DM/ha	2090 ± 535	2128 ± 372
Post-grazing herbage mass, kg DM/ha	1533 ± 714	1481 ± 363
Pre-grazing sward height, cm	24.2 ± 7	21.1 ± 4.1
Post- grazing sward height, cm	13.5 ± 1.3	14.5 ± 1.3
% of DM ²		
DM	23.7 ± 3.3	22.4 ± 4.1
СР	20.6 ± 4.3	18.7 ± 4.1
NDF	34.1 ± 7.1	36.1 ± 2.6
ADF	16.4 ± 3.0	17.6 ± 2.0
Ash 🦳	11.3 ± 1.4	11.3 ± 1.4
Ether extract	3.2 ± 0.7	3.2 ± 0.6
NEL (Mcal/kg DM)	1.66 ± 0.03	1.64 ± 0.03

⁹³⁸ Table A3. Characteristics and chemical composition of the pasture according to period¹

 1 Values expressed as the average ± the standard deviation.

² DM: Dry matter, CP: Crude protein, NDF: Neutral detergent fiber, FDA: Acid detergent fiber, NEL:

Periev

941 Estimated net energy of lactation using (2.301 - (0.0289 × %ADF)) × 4.1868 × 0.239 (Acosta, 2004).

942 Tables and Figures

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Table 1. Milk production, total milk solids, metabolites and hormones for T0 and T21 943

treatments 944

	Treatments				P-value			
	Т0	T21	SEM	-	Treat	DIM	Parity	Treat*Parity*DIM
Milk production, L/cow/day	34.6	34.7	1.2	-	0.9133	<0.0001	<0.0001	<0.0001
Total milk solids, kg/cow/day	4.2	4.4	0.2		0.5357	0.1144	<0.0001	0.0047
BCS ¹ , 1-5 scale	3.0	3.1	0.03		0.0370	<0.0001	0.6869	0.9027
NEFA ² , mmol/L	0.45	0.37	0.02		0.0209	<0.0001	0.3947	0.0376
BHB ³ , mmol/L	0.58	0.60	0.02		0.3780	0.0003	0.2937	0.0201
Cholesterol, mmol/L	3.62	3.39	0.12		0.1048	<0.0001	0.9637	0.0497
Insulin, ng/mL	12.0	17.0	0.8		<0.0001	<0.0001	0.0005	<0.0001
IGF-1 ⁴ , ng/mL	68.7	80.7	3.2		0.0011	<0.0001	<0.0001	<0.0001

¹Body condition score. 945

²Non-esterified fatty acids. 946

947 ³Beta-hydroxybutyrate.

⁴ Insulin-like growth factor – 1. 948

- ⁹⁴⁹ Table 2. Univariate analysis of metabolites relative concentration determined by NMR
- 950 spectroscopy. Fixed effects are treatment, parity, day (21 vs 60 DIM), and their

951 interactions

	P-value						
	Treat	Parity	Day	Treat x Parity	Treat x Day	Parity x Day	Treat x Parity x Day
α-glucose	0.0308	0.0118	<.0001	0.0076	0.9614	0.0307	0.5444
β-glucose	0.0128	0.0233	<.0001	0.0071	0.2553	0.0107	0.8755
BHB	0.8470	0.1330	0.8617	0.4175	0.0029	0.2676	0.6444
Acetate	0.9435	0.0419	0.4155	0.0256	0.3007	0.8465	0.1749
Valine	0.2840	0.7499	0.0020	0.8279	0.0393	0.0039	0.5739
Histidine	0.1648	0.8922	0.0008	0.7774	0.0007	0.0705	0.7252
Creatinine	0.0146	0.0068	0.0097	0.0731	0.0287	0.0889	0.7586
Allantoin	0.0559	0.0562	0.0931	0.9808	0.0915	0.0221	0.7703
Dimethylglycine	0.0640	0.1479	0.7705	0.0068	0.3526	0.0242	0.1790
Formate	0.0005	0.9768	0.0001	0.0813	0.0061	0.0078	0.0959



Figure 1. Milk production (L/cow/day; A, B), total milk solids (kg/cow/day; C, D), and
survival curves of the probability of resumption of ovarian cyclicity (E, F) in the first 63
days in milk for primiparous (left) and multiparous (right) of T0 (green) and T21 (purple)
cows. Grey area represents the period of the differential feeding management in T21.





962 Figure 2. Body condition score (1-5 scale; A, B), non-esterified fatty acid (NEFA; C,
963 D), beta-hydroxybutyrate (BHB; E, F), and cholesterol (G, H) concentrations in the first

- 60 days in milk for primiparous (left) and multiparous (right) of T0 (green) and T21
- 965 (purple) cows. Grey area represents the period of the differential feeding management
- ⁹⁶⁶ in T21. Asterisks indicate significant differences between treatments.

to per period





Figure 3. Insulin (A, B), and insulin-like growth factor (IGF-1; C, D) concentrations in
the first 60 days in milk for primiparous (left) and multiparous (right) of T0 (green) and
T21 (purple) cows. Grey area represents the period of the differential feeding
management in T21.



Figure 4. PCA score plot obtained from ¹H-NMR spectral data of serum samples from primiparous T21 (purple circles) and T0 (green circles) at 21 DIM (A) and 60 DIM (C) and multiparous T21 (purple squares) and T0 (green squares) at 21 DIM (B) and 60 DIM (D).



Figure 5. Score (A) and loading factor (B) plots obtained from the OPLS-DA between primiparous T21 and T0 cows at 21 DIM. The metabolites that differentiate the treatments are annotated in the loading factor plot. The R²Y and Q²Y coefficients were 0.92 and 0.48, respectively, and the ROC curve had an AUC value of 0.96 (see Figures A2–A3).

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Figure 6. Relative concentrations of serum metabolites in primiparous (PP) and multiparous (MP) of T0 and T21 groups at 21 (grey area) and 60 DIM. Data are presented as mean \pm SEM. Asterisks indicate significant differences (**** = P ≤ 0.0001, *** = P ≤ 0.001, ** = P ≤ 0.01, and * = P ≤ 0.05).

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Parity-dependent metabolic responses to differential fresh cow management in pasture-based dairy systems:





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Figure S1. Permutation test plots for the OPLS-DA model comparing primiparous T0 and T21 at 21 DIM ($R_2Y = 0.92$ and $Q_2Y = 0.48$).



Figure S2. ROC analysis curves derived from the OPLS-DA model comparing primiparous T0 and T21 at 21 DIM (AUC = 0.96).

T21







С







Ε





С



G

Α

Primiparous





Days in milk

Journal of Dairy Science





Days in milk

D



Α

С









T21-MP



Chemical Shift (ppm)



















