

DEPARTAMENTO DE ECONOMÍA



# Incentives for health care quality: Evidence from the dialysis market in Uruguay

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Programa de Maestría en Economía de la Facultad de Ciencias Económicas y de Administración

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Todos los errores son de mi responsabilidad.

## Incentives for health care quality: Evidence from the dialysis market in Uruguay

Rodrigo Surraco Williman\*

#### Abstract

Dialysis treatments in Uruguay are fully publicly funded, representing an annual cost of 90.5 million dollars. However, significant variation exists in the quality of care across providers. This thesis examines two key factors influencing the supply of quality: the demand for quality and the cost of providing it. First, I estimate facility-specific quality scores that isolate the contribution of each facility to patient health outcomes. Using these scores, I then estimate a demand model for facility choice that accounts for the unobservable restriction of the choice set due to facility congestion. Lastly, with demand estimates in hand, I estimate facilities' marginal costs and the impact of quality on these costs, using an instrumental variable approach. Quality scores confirm facilities play a crucial role in treatment quality. Main findings reveal a low demand for quality relative to other factors, such as proximity to the facility, possibly due to information frictions. Under the assumption of full information, patients are willing to trade off 15.9 percentage points in the probability of adequate treatment for a 1 km increase in proximity. This is underscored by the fact that relocating a high-quality facility to an underserved area would increase patient load by a factor of 7.8. Furthermore, quality accounts for 31.8% of the average marginal cost. Taken together, these results suggest that misaligned economic incentives may explain the observed disparities in the supply of quality.

Keywords: health care markets, quality regulation, discrete choice models

JEL Codes: L11, L15, I11, I15, I18

#### Resumen

Los tratamientos de diálisis en Uruguay están financiados íntegramente con fondos públicos, lo que representa un gasto anual de 90,5 millones de dólares. Sin embargo, la calidad de la atención varía significativamente entre centros. Esta tesis examina dos factores clave que influyen en la oferta de calidad: la demanda de calidad y el costo de proporcionarla. En primer lugar, calculo medidas de calidad que aíslan la contribución de cada centro a los resultados de salud de los pacientes. Luego, usando estas medidas, estimo un modelo de demanda para la elección de centro, empleando un procedimiento de dos pasos que toma en cuenta la restricción no observable del conjunto de opciones debido a la congestión de los centros. Por último, partir de estos resultados, estimo los costos marginales de los centros y el impacto de la calidad en estos costos, utilizando una metodología de variable instrumental. Los hallazgos revelan una baja demanda de calidad en relación con otros factores, como la proximidad a las instalaciones, posiblemente debido a fricciones de información. Suponiendo que la información sea completa, los pacientes están dispuestos a sacrificar 15,9 puntos porcentuales en la probabilidad de recibir un tratamiento adecuado a cambio de 1 km de aumento en la proximidad al centro. Reubicar un centro de alta calidad en un área desatendida aumentaría la carga de pacientes 7,8 veces, lo cual ilustra este punto. Adicionalmente, la calidad representa 31,8% del costo marginal medio. Estos resultados sugieren que el desalineamiento de ciertos incentivos económicos puede explicar algunas disparidades observadas en la oferta de tratamientos de calidad.

*Palabras clave:* mercados de salud, regulación de la calidad, modelos de elección discreta *Códigos JEL:* L11, L15, I11, I15, I18

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## **1** Introduction

Chronic kidney disease is one of the leading causes of catastrophic health care expenditure globally (Jamison, 2018), affecting a disproportionately poor population (Francis et al., 2024) and placing substantial financial strain on individuals and health care systems alike. In Latin America, its prevalence is expected to more than double from 2016 to 2050 (Chesnaye et al., 2024), affecting patients who require constant treatment—often spending four hours per session, three times a week. Ensuring dialysis access and quality remains a major challenge in the developing world; in Latin America, over 10% of countries are unable to provide treatment for the majority of patients (Bello et al., 2024).

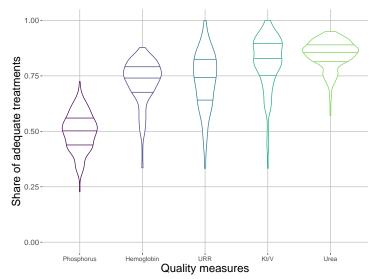
In Uruguay, all dialysis treatments are fully publicy funded, amounting to an annual expenditure of 90.5 million dollars (FNR, 2022); however, significant quality disparities exist across facilities, which could affect patient outcomes and system efficiency. Figure 1 shows the distribution of multiple quality measures across facility-years; while in some facility-years the percentage of adequate treatments in terms of Urea Reduction Rate (URR) is below 50%, other facility-years achieve near 100%.

Information asymmetries are pervasive in health care and facilities have information that is not observed by third-party payers; in this context, payers need to incentivize facilities in order to optimize expenditure and health results (Gaynor et al., 2023). In particular, information frictions about quality can drive down optimal quality supply, in detriment of patients (Dranove and Satterthwaite, 1992).

The economic discipline has recently made important progress in empirically understanding the effect of incentives on the quality of health care supply (Einav et al., 2018; Hackmann, 2019; Fleitas, 2020) in the context of health insurance choice (Handel and Kolstad, 2015; Vatter, 2022; Handel et al., 2024) and health care provider choice (Eliason, 2022; Cheng, 2023). At the same time, a burgeoning literature has studied the case of the dialysis industry, leveraging a setting with very precise data on quality (Dai and Tang, 2015; Eliason et al., 2020; Gaynor et al., 2023; Wollmann, 2020; Agarwal and Somaini, 2022; Bertuzzi et al., 2023; Eliason et al., 2024).

In this paper, I investigate the incentive structure for quality supply faced by dialysis facilities in Uruguay. In particular, I study the demand for and cost of quality as two important elements of this structure. I first estimate quality scores that isolate the contribution of facilities to patient health outcomes. I do this by estimating a risk-adjustment model common in the health economics literature (Einav et al., 2018; Eliason, 2022; Cheng, 2023). With these scores in hand, I then estimate a demand model for facility choice based on a two-step procedure that mirrors Berry et al. (2004) and accounts for the unobservable

#### Figure 1: Treatment quality across facility-years



Note: For each measure, I plot the share of treatments that achieve an adequate level according to Uruguayan regulator's quality standards or international standards: URR > 0.65, Kt/V > 1.2, Hemoglobin > 10 g/dl, Urea < 1,7 mg/l, Phosphorus < 5,5 mg/l. Horizontal lines show 25th, 50th and 75th percentiles.

restriction of the choice set due to facility congestion. To understand the relative importance of demand for quality and demand for distance, I simulate the move of a downtown facility near the top of the quality distribution to an underprovided area (non-equilibrium counterfactual). Lastly, I estimate facilities' marginal costs and the effect of quality on marginal costs using an instrumental variable approach, following Eliason (2022).

I document there is low demand for quality in comparison to other drivers of demand, such as proximity to the facility, which may arise from information frictions. Hence, the willingness to travel for quality is low. Assuming full information, in exchange for a 1km increase in proximity, a patient is willing to give up 15.9 percentage points in the probability of receiving an adequate treatment. Moving a facility to an underprovided area would increase patient load 7.8 times. I find quality provision is costly, which could further explain why there is low observed quality in some facilities. The cost of providing the average level of quality per treatment is 31.8% of the mean marginal cost.

This work aims to contribute to the literature in industrial organization by studying for the first time the dialysis market in a developing country. Studying the mechanics of this market in a developing country is crucial because most of the annual 2 million estimated deaths due to untreated renal disease come from the developing world (Liyanage et al., 2015). Due to this underprovision and high mortality, studying dialysis supply in the developing world is very challenging. Uruguay provides a particularly convenient

setting because of being a developing country with a health care system with very high coverage and good systematic data (González-Bedat et al., 2020).

The work also aims to draw policy implications, with the objective of maximizing the well-being of patients in the Uruguayan dialysis market. The population in dialysis is relatively underpriviledged (most of it did not complete Secondary education as per Table 3). Furthermore, the care of this population represents a significant investment for the Uruguayan government (as noted above). These features make the Uruguayan dialysis market an important policy area.

The rest of the paper is structured as follows. Section 2 establishes the fundamental features of the dialysis market in Uruguay and its regulation. Section 3 highlights the most relevant literature on dialysis market structure and incentive mechanisms. Section 4 presents a theoretical framework for dialysis demand and supply, in which patients choose facility based on a number of facility attributes (including quality) to maximize utility and facilities choose their quality to maximize profits. Section 5 section presents the data used. Section 6 explains the empirical strategy employed in order to recover quality scores, estimate demand and back out marginal costs. Section 7 presents the results of this strategy and Section 8 concludes.

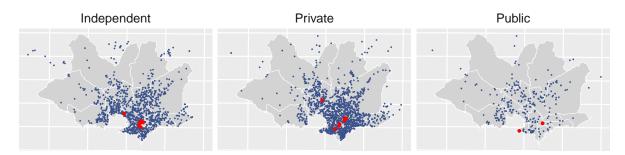
## 2 Context

#### 2.1 Chronic dialysis treatment

The kidneys primarily perform two functions: they filter waste and toxins from the blood, and they stimulate the production of red blood cells (Eliason et al., 2020). To survive, patients with chronic kidney disease need chronic dialysis treatment or a kidney transplant. Chronic dialysis treatment can be performed in two ways. The first and most common is hemodialysis, a procedure that circulates blood through an external artificial kidney and is generally performed in facilities (within a hospital or not) on an outpatient basis. The second method, peritoneal dialysis, uses cleansing fluid to collect waste and can be performed by the patient at home. Patients are often not given the option to enter peritoneal dialysis due to clinical contraindications, older age, living alone or disability; aditionally, patients need adequate home infrastructure for this modality (Lee et al., 2008). Although kidney transplant is considered a more appropriate option than dialysis, few patients access it, either due to not being medically fit or due to the low availability of kidneys (Eliason et al., 2020).

The most important quality measure in hemodialysis is the URR, which measures the percentage of

#### Figure 2: Patient and facility location by facility type



Note: Patients entering dialysis 2003-2017 in Montevideo. Red dots represent facilities location, blue dots represent patients' homes. "Private" represents facilities owned by private insurance companies. "Independent" represents private facilities non-associated with insurance companies. "Public" represents public facilities.

urea removed from the body during a dialysis treatment (Eliason, 2022), with a threshold of 0.65. This threshold is often referred to as "dialysis adequacy" by the National Kidney Foundation (Foundation, 2015). Providers have a direct effect on the URR of patients, as URR depends on the quality of inputs like filters and dialysis machine, as well as the human capital of nurses and doctors and the amount of time in treatment. An URR above 0.60 is generally accepted to be correlated with lower mortality (Owen et al., 1993).

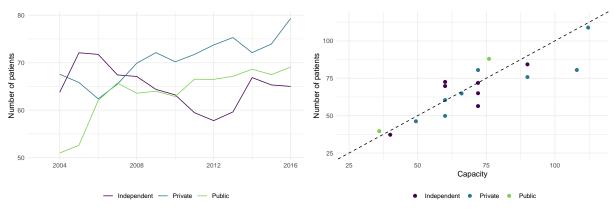
Another measure often used to measure dialysis dosage is Kt/V, which compares the amount of fluid that passes through the dialyzer with the amount of fluid in the patient's body. Kt/V will be higher for patients who approach a dialysis session in a worse initial state (CDC, 2009).

Other quality indicators measure the rate of negative outcomes. Performing chronic dialysis treatment can generate different complications. Among the most common are infections of different types, specially septic infections. The level of cleanliness of the establishments and the reutilization of dialyzers usually determine to a large extent the incidence of infections in a facility (Grieco and McDevitt, 2017). The rate of complications, septic infections and survival have been used to measure quality in the literature on the industrial organization of dialysis care (Grieco and McDevitt, 2017; Eliason, 2022; Eliason et al., 2024).

There are higher dialysis risk factors among the poor: non-treatment at early stages, poorly treated diabetes, lack of adherence to medication and bad diet. Conversely, dialysis also makes people more economically vulnerable, mainly because such a time-consuming treatment and poor health make it harder to maintain a full-time job. There are also factors non-related to economic status that play a role in entry to dialysis, such as genetic background and age.

Figure 3: Number of patients over time

Figure 4: Facilities' patients and capacity



Note: Patients receiving dialysis 2004-2016 in Montevideo. The first figure plots average total number of patients in different facility types. The second plot shows the average yearly capacity and total patients in all facilities. Capacity is computed as number of stations by number of shifts.

#### 2.2 Uruguayan setting

In Uruguay, 2,496 patients were in chronic hemodialysis treatment in 2017 (the last year of my analysis), while 238 people were treated with peritoneal dialysis (González-Bedat et al., 2020). 15% of hemodialysis patients and 40% of peritoneal dialysis patients were on the waiting list for kidney transplant (González-Bedat et al., 2020). In this work I focus on hemodialysis, due to its most widespread use.

The National Resources Fund (FNR) covers all dialysis treatments carried out in Uruguay since 1981 and sets, jointly with the Ministry of Public Health (MSP), the reimbursement (or price)<sup>2</sup> charged by facilities for each hemodialysis session (FNR, 2020). This coverage also includes some medication essential for some patients during treatment<sup>3</sup>. The treatment is provided by Institutes of Highly Specialized Medicine (IMAE), public and private facilities that perform highly complex and costly procedures (Law 16,343). These institutions are legally separate from health insurance and providers.

Facilities (IMAEs) can be classified as "public", "private" or "independent". Figure A1 shows the location of these facilities by type, and their patients.

Private facilities are owned by a private health insurance. Private health insurance and health care providers in Uruguay have been historically vertically integrated. They are funded by the National Health Fund (FONASA) government program in the case of formal employees, retirees and their dependents, and through individual premiums otherwise. Patients not covered by FONASA can access a public health

<sup>&</sup>lt;sup>2</sup>The regulated price has remained stable since 2009, in real terms (around 180 dollars per session).

<sup>&</sup>lt;sup>3</sup>EPO for users of providers who achieve certain annual objectives, as well as treatment with Sevelamer Carbonate in those patients with low blood phosphorus concentration (FNR, 2020).

insurance/provider with minimum out-of-pocket spending and no premium<sup>4</sup>. These public and private health care organizations must re-insure their patients against "catastrophic" (high cost) health episodes through the FNR (Fleitas, 2017). Private insurance/providers have non-profit status, meaning they cannot deliver utilities to their owners.

Public facilities are state-owned and managed. Two public hospitals have IMAEs who provide dialysis funded by the FNR (*Hospital de Clínicas* and *Hospital Maciel*). Public facilities tend not to pay for medications used during treatment and their payroll contributions are also subsidized by the government.

Independent facilities are owned by private firms solely in the dialysis market. They are for-profit firms whose only activity is dialysis provision. Most of them were founded by groups of nephrologists in the 1980s and were progressively bought by bigger firms starting in the late 1990's. Nowadays, Diaverum owns nine dialysis facilities (mostly outside the Capital city) and Ceneu owns seven facilities (mostly in the Capital city). Diaverum is a Swedish multinational ranked as the third biggest global dialysis clinic operator after Fresenius Medical Care and DaVita Inc (Schuetze, 2020). Ceneu is a national firm named Uruguayan Nephrologic Center, but previously associated with Fresenius. Facilities in Montevideo owned by each firm are listed in Table 1.

Between 2004 and 2017, the number of patients on chronic dialysis treatment has increased by 16%. In Figure 3 I plot the evolution of the average number of patients for different types of facilities. The growth in the number of patients is more notable in private and public facilities. In Figure 4 I plot the average yearly number of patients and capacity for each facility in the period. Facilities tend to be full or near full, and there is great variation in the capacity and number of patients across facilities. The capacity of facilities is mostly fixed throughout the period.

In the same period, the number of facilities has decreased by 8% (González-Bedat et al., 2020), which is likely the result of consolidation in the hemodialysis, peritoneal dialysis and pediatric dialysis markets. I document acquisitions and management agreements from 2001 to date in Table A1.

Dialysis facilities must be authorized by the MSP and comply with standards established by the FNR (FNR, 2020; Gambogi et al., 2020). All facilities must be able to operate at least three shifts a day and ensure the possibility of administering treatments outside of normal hours in case of emergencies (FNR, 2020). Interviews with industry professionals reveal there is screening but enforcement is soft.

<sup>&</sup>lt;sup>4</sup>Most but not all private health insurances are part of FONASA. Some are solely funded by premiums. One facility in the sample is owned by one such insurance, *Hospital Británico*.

Facility	Туре	Patients	Percentage
Casmu	Private	418	12.96
Médica Uruguaya	Private	274	8.49
Uruguayana*	Independent	235	7.28
Asociación Española	Private	230	7.13
Casa de Galicia	Private	225	6.97
Hospital Maciel	Public	201	6.23
Hospital Evangélico	Private	180	5.58
SMI	Private	179	5.55
Intir**	Independent	174	5.39
Sedic*	Independent	167	5.18
Nephros	Independent	165	5.11
INU*	Independent	157	4.87
Renis**	Independent	155	4.80
Hospital Británico	Private	139	4.31
Sari	Independent	108	3.35
Hospital de Clínicas	Public	86	2.67
Universal	Private	70	2.17
Cedisa*	Independent	63	1.95
Total		3226	100.00

Table 1: Facilities' shares 2003-2016

Note: Shares represent patient's choice at entry. Patients entering dialysis 2003-2016 in Montevideo. \*Facilities owned by Ceneu. \*\*Facilities owned by Diaverum.

Additionally, entry is highly regulated if not prohibited, and negotiated with incumbent firms.

The FNR also sets quality targets and annually publishes facilities' performance on its website (fnr.gub.uy). These targets are not mandatory, which explains why many facilities don't achieve adequate thresholds<sup>5</sup>. Performance reviews are public but not salient, as they are in a unfriendly format, hard to access and highly complex for a typical advanced age patient. I show an example of such quality disclosure in Figure A6. In interviews, industry professionals are skeptic that patients are able to observe quality accurately.

In addition, successive MSP decrees regulate aspects of the physical plant, human resources and processes that each facility must carry out. In particular, ministerial ordinances regulate the number of professionals per shift and the number of patients that the facility must have. For example, ordinance No. 459 (2018) establishes that there must be at least one nephrologist per shift every 16 patients, and one nurse per shift for every 16 adult patients or 8 pediatric patients.

<sup>&</sup>lt;sup>5</sup>Quality according to URR is highly heterogeneous accross facilities (Figure A2) but has been improving over time (Figure A3).

Indicator	Mean	SD
Facilities attended per patient (#)	1.27	0.64
Patients changing facility (%)	10.70	
Patients spending most months at first facility (%)	88.87	
Months at first facility (%)	82.96	33.56
Months at most attended facility (%)	97.37	9.33

 Table 2: Patient switching

Note: Patients receiving dialysis 2004-2016 in Montevideo. "#" denotes count, "%" denotes percentage.

Patients can opt for a facility of their choice, which will be assigned as long as there is availability. This decision can be modified at any time with no need to express justification (FNR, 2020), although second choices are highly dictated by FNR administrative system and are usually because of patient location change. Only 10.7% of patients change facility after their first choice, and 97.4% of patients spend most of their treatment at their first-choice facility (Table 2). Capacity constraints are common, so patients may be rejected from a facility if it is full.

Multiple drivers of patient choice arise from interviewing doctors, managers and patients. The fact that a facility is owned by the patient's insurance makes it more likely that a patient chooses the facility, even though patients can choose any facility of their liking (attending a facility owned by one's insurance makes it easier to access medications, specialists and studies). The fact that the patient's nephrologist works at a certain facility makes it more likely that the patient chooses that facility. The distance between the patient's home and the facility is expected to negatively impact the probability of choosing the facility. This is highly related to the low mobility and low socioeconomic status of this population. Patients often rely on their family or public transport to get to their facility. At the same time, most facilities provide some kind of transportation for patients in need.

In Figure 5 I show the percentage of patients who choose a facility with these characteristics when they first enter dialysis. Patients who choose a facility owned by their insurance are around 43% of those those entering dialysis between 2003 and 2017 in Montevideo. Around 28% of patients choose a facility where their nephrologist has worked in that year. More than 15% of patients choose the facility that is nearest to their home. However, only 4% of patients choose the best quality facility according to their URR adequacy.

In Figure 6 I further examine the role of distance and quality. I plot the percentage of patients choosing each place in the ranking of facilities according to distance and quality. Patients tend to choose facilities

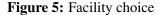
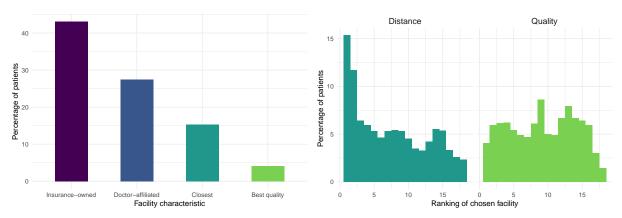


Figure 6: Ranking of chosen facilities



Note: Patients entering dialysis 2003-2016 in Montevideo. The first figure plots the percentage of patients choosing facilities of different characteristics. "Insurance-owned" shows patients choosing a facility owned by their insurance, "Doctor-affiliated" shows patients choosing a facility where their Nephrologist works. "Closest" shows patients choosing the facility closest to their home. "Best quality" shows patients choosing the highest quality facility according to URR adequacy. The second figure plots the percentage of patients choosing facilities in each place in the ranking according to distance and quality (URR adequacy).

higher in the ranking according to distance, while they don't seem to prefer facilities higher in the ranking according to quality. Almost 17% of patients choose patients a facility in the top 3 of facilities closer to their home.

The choice of facilities with these characteristics varies widely among patients attending different facility types. While almost all of patients attending public facilities also have public insurance, more than 60% of patients in private facilities are affiliated to the insurance that owns the facility, and almost none of the patients attending independent facilities have an insurance associated with that facility<sup>6</sup> (Figure A4).

In **Appendix B**, I explore the role of these drivers, especially distance and quality, for different types of patients.

## **3** Literature review

In recent years, important progress has been made in understanding the industrial organization of the dialysis market in the United States. Several features of this market are relevant to this paper.

Facilities face a trade-off between the quality of the service they provide and the number of patients they treat; for example, a facility can treat more patients if it spends less time cleaning dialysis stations, which increases infection rates (Grieco and McDevitt, 2017). When uniform prices are set by the regulator and do not depend on the cost or quality of the treatment, providers have thus incentives to reduce the quality

<sup>&</sup>lt;sup>6</sup>Although I define independent facilities as those that are not owned by an insurance, I assign Nephros as an independent facility owned by private insurance COSEM because of an agreement between these parties.

and cost of treatments, as long as the price is higher than the marginal cost (Handel and Ho, 2021). The more capacity a facility has, the less probability of entry there is in that market; however, facilities tend to enter the market with a given capacity and not change it post-entry (Dai and Tang, 2015). In fact, capacity remained constant for more than 90% of dialysis facilities in the US between 2004 and 2007 (Grieco and McDevitt, 2017).

This is an important aspect of this market because the effect of policy changes can vary substantially when taking into account entry and capacity investment; when these aspects are muted, geographic differentiation and congestion (number of patients conditioned on dialysis stations) greatly hinder quality competition (Eliason, 2022). Transportation costs play an important role even when entry and investment are held fixed; congestion is also relevant because patients may try to avoid facilities that are too crowded or may be rejected from facilities that are full (Eliason, 2022).

The fact that facilities may reject patients when they are full is an important challenge to demand estimation, as the choice set is then restricted in a manner not observed by the econometrician. This is accounted for in a methodology developed by Agarwal and Somaini (2022) and applied to the context of dialysis. They show that ignoring these supply-side constraints can lead to significant bias in estimates. Eliason (2022) overcomes this challenge by including the congestion of facilities into the utility function of patients, and instrumenting for congestion. However, this does not allow for separating the distate of patients for a crowded facility from the possibility that a facility is capacity-constraint.

In the last few years, the US dialysis market has undergone significant vertical and horizontal consolidation (Xia et al., 2024). This has been deemed a convenient setting to study the effect of mergers and acquisitions on quality supply. Acquisitions in the American dialysis market has a detrimental effect on patient outcomes for hospitalizations and mortality; however, this effects stems from a for-profit managerial strategy that uses less skilled human capital to increase profits, rather than market power (Eliason et al., 2020). A similar earlier finding in the medical literature linked for-profit ownership of dialysis facilities to increased mortality and decreased rates of placement on the waiting list for a renal transplant (Garg et al., 1999). Additionally, acquisitions lower quality as a result of facilities avoiding to steal patients from other facilities from the same firm; as a result, hospitalization rates rise while survival rates fall (Wollmann, 2020).

Other aspects of strategic behavior by dialysis facilities have been documented, some of them calling for better regulation of this market in the US. The use of a outcome-based payment (or pay-for-performance)

scheme in the dialysis industry was gamed by facilities, strategically discharging patients who had worse outcomes to increase revenue; while facilities can also increase revenue by increasing the quality of care, this is costly and reduces quantity supply (Bertuzzi et al., 2023). Relatedly, the use of epoetin alpha (EPO), a drug commonly prescribed to treat anemia among dialysis patients, has been shown to be highly sensitive to financial incentives and depend critically on the structure of the payment (reimbursement) scheme (Gaynor et al., 2023; Eliason et al., 2024).

More broadly, the effects of economic incentives on the quality of health care supply have been studied in non-dialysis settings related to this one. In the long-term care hospitals in the US, Einav et al. (2018) study the effect of a payment system that rewards hospitals up to a certain number of days of patient stay. They find large behavioral responses to this cutoff, but no effect on patient outcomes. In the nursing home market, where facilities compete on quality, Hackmann (2019) finds increasing the reimbursement rate would effectively increase the quality of care provided, measured as the number of skilled nurses per resident; however, a pro-competitive policy (public entry) does not increase quality. Similarly, in the context of Uruguayan health care provision, Fleitas (2020) finds a pro-competitive policy (reduced consumer lock-in) did little to increase the quality of health care, measured as relative hours worked by high-skill compared to low-skill specialists.

Evidence of information frictions has been documented in different health care markets. In the context of insurance choice, Handel et al. (2024) find that those better-off and more educated make meaningfully better health insurance choices in the Netherlands, and Handel et al. (2024) shows less-informed patients are willing to pay substantially more for the same insurance plan in the US. Similarly, Vatter (2022) finds information frictions reduce consumer surplus by approximately three monthly premiums in Medicare Advantage. In the context of provider choice, Cheng (2023) studies the demand for quality in the nursing home market, a setting where choice set restrictions are common. Employing the methodology developed by Agarwal and Somaini (2022), he finds residents are willing to tolerate a 28.6 percentage point higher probability of death in exchange for a one-mile reduction in travel distance. His evidence points to information frictions as responsible for the low quality demand, as older, cognitively impaired and less educated residents are less responsive to quality differences.

## **4** Theoretical framework

#### 4.1 Supply

I follow Eliason (2022) in assuming facilities compete Bertrand-Nash in quality. This is an adaptation of the Bertrand-Nash competition on price. In our setting, price is set by the regulator, but quality is controlled by facilities.

Facility *j* chooses quality  $Qua_{jt}$  maximizing benefits of firm *f*, which owns facilities  $r \in J_f$ :

$$max_{Qua_{jt}} \sum_{r \in J_f} (p_t - mc_{rt}(Qua_{rt})) \cdot s_{rt}$$

where  $p_t$  is the price level (or reimbursement).  $mc_{rt}$  is the marginal cost of a dialysis treatment.  $s_{rt}$  is the share of patients attending facility r, for which I provide and expression below. Facilities then choose quality according to the following first order conditions:

$$\sum_{r \in J_f} \left[ (p_t - mc_{rt}) \frac{\delta s_{rt}}{\delta Q u a_{jt}} - \frac{\delta mc_{rt}}{\delta Q u a_{jt}} s_{rt} \right] = 0$$

Here, facilities equalize the marginal cost of quality to the marginal revenue of quality. The revenue for each treatment or markup  $(p_t - mc_{rt})$  is multiplied by the additional share of patients yielded by a marginal increase in quality  $(\frac{\delta s_{rt}}{\delta Qua_{jt}})$ . An increase in quality implies added costs for each treatment, which is measured by  $\frac{\delta mc_{rt}}{\delta Qua_{jt}}$ . This is then multiplied by the share of patients, to compute the marginal cost of an increase in the level of quality. I follow Eliason (2022) in assuming  $\frac{\delta mc_{rt}}{\delta Qua_{jt}} = 0$  when  $r \neq j$ . That is: the quality level of a facility only impacts its own marginal cost.

In this kind of model, the regulator can propose different schemes that determine the price p paid to facilities for each treatment performed. Under a uniform price scheme  $p_u$ , the price is fixed at a certain amount:

$$p_u = \bar{p}$$

Introducing prices based on quality would modify the incentives that facilities face. In particular, the amount  $\bar{p}$  would be multiplied by a term that depends on the relationship between the quality  $Qua_{jt}$  achieved by the facility j and a threshold Qua set by the regulator. In this way, the price based on quality  $p_{Qua}$  would have the following form:

$$p_{Qua} = (1 + \tau P(Qua_{jt}, Qua))\bar{p}$$

Here,  $\tau$  represents the reward or punishment established for achieving or not achieving a given quality level  $Q\bar{u}a$ . The quality is observed with measurement error, so the relationship between the quality of the facility  $Qua_{jt}$  and the established threshold  $Q\bar{u}a$  is represented with a probability function  $P(Qua_{jt}, Q\bar{u}a)$  (probability of reaching  $Q\bar{u}a$  in the case of a reward scheme, or probability of not reaching  $Q\bar{u}a$  in the case of a punishment scheme) (Camarda and Fleitas, 2022).

This framework is helpful in highlighting the importance of the demand for quality as an incentive for providing quality in this setting. Given that prices are set uniformly, and assuming the absence of non-profit motives, facilities will only provide quality treatments if that increases their revenues (via more patients) more than it increases their costs.

On the other hand, this framework does not capture one incentive for quality that is repeatedly highlighted by dialysis facilities managers as the reason they are profit-driven to quality supply. In a setting where patients rarely switch facility (Table 2), keeping a patient in treatment for longer means raising more revenue from treatment. This can have a perverse effect if facilities discourage patients from renal transplant, as found by Eliason et al. (2020). However, it can also provide a incentive to provide better quality to patients so they can live longer and can stay in treatment. Capturing this kind of motive in quality supply decisions of facilities entails laying out a dynamic supply model, where facilities choose treatment quality internalizing the effect on future patient load. In this paper, I abstract from such incentive for quality.

#### 4.2 Demand

Following Eliason (2022), I model patient's choice as a discrete choice problem. Patient *i* chooses the facility that maximizes her expected utility among the available facilities.

I define the indirect utility  $U_{ijt}$  that patient *i* derives from facility *j* as follows:

$$U_{ijt} = \underbrace{\alpha_1 Ins_{ijt} + \alpha_2 Nep_{ijt} + \alpha_3 Dis_{ijt} + \alpha_4 Qua_{jt} + \beta' X_{jt} + \xi_{jt}}_{V_{ijt}} + \varepsilon_{ij}$$

*Ins<sub>ijt</sub>* is a binary variable indicating whether patient *i* is affiliated with an insurance that owns facility *j*. The variable  $Nep_{ijt}$  is a binary indicator of whether patient *i* is treated by a nephrologist that works at facility *j*. The term  $Dis_{ijt}$  denotes the distance from patient *i*'s residence to facility *j*.  $Qua_{jt}$  captures the clinical quality of facility *j* and  $X_{jt}$  is a vector of other non-quality characteristics of facilities.

The term  $\xi_{jt}$  captures utility from facility j's unobserved attributes that is common across patients. Assuming the error term  $\varepsilon_{ij}$  is independently and identically distributed *Type 1 Extreme Value* (T1EV), the market share of each facility can be expressed as a function of  $V_{ijt}$  (McFadden, 1974; Berry, 1994):

$$s_{jt} = \sum_{i} \frac{\exp(V_{ijt})}{\sum_{j' \in J_i} \exp(V_{ij't})}$$

where  $J_i$  represents the set of facilities available for patient *i*. The choice set  $J_i$  is not exactly observable to the econometrician, as it is not uncommon that facilities reach full capacity and have to turn away patients. In the estimation section I implement an empirical strategy to account for this.

Although I describe this as the patient's decision, the model is agnostic as to whom is actually doing the deciding. Although some patients are perfectly able to make this type of decision at the moment of entering chronic dialysis, other patients who reach this point in poor health or old age may turn to familiy members or trusted doctors to make the decision for them.

Given that patients do not usually change facilities (Table 2), I only model their first choice. This implies assuming patients are not choosing to stay in the facility once they have entered dialysis and are in treatment.

Elasticities and semielasticities are relevant measures of demand for different characteristics. This demand structure yields the following probability of patient *i* choosing facility *j*:

$$Pr_{ijt} = Pr(J_i = j) = \frac{\exp(V_{ijt})}{\sum_{k=1}^{J} \exp(V_{ik})}$$

Individual probabilities are then averaged to express the predicted market share of facility *j*:

$$s_{jt} = \sum_{i}^{N} P r_{ijt} / N$$

For a continuous variable (e.g. *Dis<sub>iit</sub>*), we can compute elasticities (Train, 2009):

$$E_{ijt}^{D} = \frac{\delta Pr_{ijt}}{\delta Dis_{ijt}} \frac{Dis_{ijt}}{Pr_{ijt}} = \alpha_3 (1 - Pr_{ijt}) Pr_{ijt} \frac{Dis_{ijt}}{Pr_{ijt}}$$
$$= \alpha_3 (1 - Pr_{ijt}) Dis_{ijt}$$

For a categorical variable (e.g. *Ins<sub>ijt</sub>*), elasticities are undefined. We can compute semi-elasticities:

$$SE_{ijt}^{I} = \frac{(Pr_{ijt}^{1} - Pr_{ijt}^{0})/Pr_{ijt}^{0}}{Ins_{ijt}^{1} - Ins_{ijt}^{0}} = \frac{[Pr_{ijt}(Ins_{ijt} = 1) - Pr_{ijt}(Ins_{ijt} = 0)]/Pr_{ijt}(Ins_{ijt} = 0)}{1 - 0}$$
$$= \frac{Pr_{ijt}(Ins_{ijt} = 1) - Pr_{ijt}(Ins_{ijt} = 0)}{Pr_{ijt}(Ins_{ijt} = 0)}$$

where  $Pr_{ijt}^1 - Pr_{ijt}^0$  is defined as the marginal effect. The (semi-)elasticity of facility *j* is an average of individual (semi-)elasticities w.r.t facility *j*:

$$E_{jt} = \frac{1}{N} \sum_{i}^{N} E_{ijt}, \quad SE_{jt} = \frac{1}{N} \sum_{i}^{N} SE_{ijt}$$

## 5 Data

I use longitudinal data (provided by agreement with the FNR) of hemodialysis patients between 2004 and 2017. For each patient, demographic characteristics, home location, clinical history, and monthly checkups are available. Likewise, there is information on the hemodialysis facilities, including an identification variable of doctors responsible for treatments.

As all hemodialysis treatments in Uruguay are financed through the FNR, this represents the universe of patients doing dialysis in Uruguay.

The home address of the patients is also available and information on the geographic location of the IMAE is collected. The observed home address is the last one registered by the patient and no changes are observed in the home address, since this variable was rewritten in the administrative records. Figure A1 shows the locations of facilities in Montevideo and the geographic distribution of their patients.

I calculate the geodesic distance from the patient's home to each facility through *Google Maps*' API. The geodesic distance is defined as the shortest distance between two points in a straight line. I restrict my analysis to Montevideo, the Capital city. I do this because the rest of the country has one facility per province, which restricts patient choice set to one or at most two options.

The resulting dataset features 3226 hemodialysis patients distributed among 18 facilities. 2779 of these patients are affiliated to an insurance that owns a facility. 447 are affiliated to an insurance that does not own any facilities. As shown in Table 1, out of the 18 facilities, 10 are owned by an insurance and 2 are publicly owned (which I interpret as being owned by the public insurance). Table 3 shows descriptive

	Independent	Private	Public
Age at start   Dead	67.88	70.71	64.88
Age at death	70.84	73.51	68.11
Months on dialysis   Dead	39.17	36.48	40.36
Monthly sessions	8.81	9.85	7.64
Female (%)	42.2	36.55	48.95
Secondary education (%)	33.83	46.68	24.35
Retired (%)	38.27	51.24	28.4
Public insurance (%)	45.35	9.89	89.66
Private insurance (%)	36.34	83.13	1.18
Diabetic (%)	37.2	37.55	34.26
Cardiopathy (%)	26.78	34.32	22.04
Smoking (%)	11.72	9.03	14.33
Decompensated start (%)	72.93	75.81	80.73

**Table 3:** Patient's characteristics by type of facility

Note: Patients entering dialysis 2003-2017 in Montevideo. Age and months on dialysis is not observed for patients entering dialysis before 2003 (although still on treatment). Hence, they are not shown in this table.

information of patients by type of facility.

I create a variable that indicates whether the patient's nephrologist has worked at each facility in a given year, and a variable that indicates whether a facility is owned by an insurance in a given year. Finally, I collect information on the number of facilities' shifts and stations by directly contacting industry executives and policymakers.

## 6 Empirical strategy

#### 6.1 Quality scores

I quantify the quality of a facility based on patient-level treatment outcomes. However, patient outcomes are a function of both patient and provider inputs, and patients are not randomly distributed across providers. I separate quality inputs from the non-random sorting of patients by using risk-adjustment or value-added model, which accounts for sorting based on the observable attributes of patients (Einav et al., 2018; Eliason, 2022; Cheng, 2023).

The estimating equation is:

$$y_{ijt} = X_i \gamma + \mu_{jt} + \varepsilon_{ijt}$$

where *i* indexes patients, *j* indexes provider, and *t* indexes month-years. The dependent variable,  $y_{ijt}$ , is a clinical outcome that is regressed on an array of time-invariant patient characteristics,  $X_i$ , and a

provider-year constant,  $\mu_{jt}$ .

Patient characteristics include risk factors like age, diabetes, cardiopathy, vascular peripheral disease and smoking (Table 3). Some patients start their treatment decompensated and this can influence their overall health, so this is important to take into account. It is also important to control for the number of months on dialysis because different patients are diagnosed with renal disease at different ages, and their condition tends to deteriorate with time. The number of monthly sessions is also included to control for the uptake of treatment, as some patients do not manage to attend the recommended amount of sessions. Other relevant characteristics are sex, working status and type of health insurance, which can control for other socioeconomic factors.

I interpret the provider-year constants as the average contribution of a provider to patient outcomes in a given year. This interpretation relies on the assumption that patient selection across dialysis providers is independent of any unobserved factors affecting patient outcomes, conditioning on the mentioned set of observables (Eliason, 2022). I recover each facility's risk-adjusted outcomes for the average patient  $(\bar{X}_{ij}\hat{\gamma} + \hat{\mu}_{jt})$  and use them as quality scores at the facility-year level.

#### 6.2 Demand

I estimate the model in two steps following Eliason (2022). This procedure mirrors Berry et al. (2004), without including random coefficients.

In a first step, I use Maximum Likelihood (ML) to estimate parameters related to patient-facility specific variables and employ a contraction mapping to estimate mean utilities. This model was estimated separately for two markets: patients whose insurance own a facility (*Has provider*), and those whose insurance does not own a facility (*No provider*). Both of this groups choose among the same set of facilities, but the former has the possibility to choose a facility owned by their own insurance. I consider all facilities in Montevideo as part of the choice set of all patients.

I estimate the following equation:

$$U_{ijt} = \alpha_1 Ins_{ijt} + \alpha_2 Nep_{ijt} + \alpha_3 Dis_{ijt} + \delta_{jt} + \varepsilon_{ijt}$$
(1)

The mean utility term  $\delta_{jt}$  captures the utility from facility *j* in year *t* that is assumed common across patients. The estimation of this parameter is a high computational burden in the Maximum Likelihood

approach, as it involves estimating more than 200 parameters<sup>7</sup>. Hence, I employ a contraction mapping similar to Berry et al. (1995), commonly known as "BLP contraction":

$$\delta_{jt}^{k} = \delta_{jt}^{k-1}(\alpha) + log(s_{jt}^{obs}) - log(\hat{s}_{jt}(\delta_{jt}^{k-1}, \alpha))$$

where  $\alpha$  is a vector containing  $\{\alpha_1, \alpha_2, \alpha_3\}$ .  $s_{jt}^{obs}$  is a vector of observed shares and  $\hat{s}_{jt}(\delta_{jt}^{k-1}, \alpha)$  is a vector of predicted shares. This contraction mapping reaches a fixed point and I recover a vector of estimated  $\hat{\delta}_{jt}$ . In an outer loop, I estimate by maximum likelihood patient-specific parameters of variables  $Ins_{ijt}$ ,  $Nep_{ijt}$  and  $Dis_{ijt}$ . For each iteration of this procedure an inner loop executes a BLP contraction that finds the value of  $\delta_{jt}$  that matches observed shares for each facility-year.

In a second step, I use data at the facility-year level to decompose the mean utility into mean preferences for observed and unobserved attributes. I recover the fitted  $\hat{\delta}_{jt}$  and project them onto facility-year attributes:

$$\delta_j = \alpha_4 Q u a_{jt} + \alpha_5 S h i_{jt} + \alpha_6 S t a_{jt} + \alpha_7 P a t_{jt} + \xi_{jt}$$
<sup>(2)</sup>

where  $Shi_{jt}$  corresponds to the number of shifts in facility *j* in year *t*,  $Sta_{jt}$  accounts for the number of stations available (in each shift) and  $Pat_{jt}$  is the number of patients attending facility *j* in year *t*.

The number of patients enters the mean utility both to account for patients' (dis)taste for a crowded facility and to control for possible choice set restrictions (i.e. the facility turning away patients due to being full) (Eliason, 2022). However, the number of patients in a facility is obviously endogenous to desirable unobserved facility characteristics. Hence, I estimate equation 2 by Instrumental Variables (IV) instrumenting for  $Pat_{jt}$ .

I employ as instruments exogenous characteristics of competing facilities (i.e. "BLP instruments"). Demand for a facility is influenced by the characteristics of other facilities, hence providing exogenous variation in quantities (Berry and Haile, 2021). Specifically, I instrument the number of patients in facility j with the mean number of stations in all other facilities. The exclusion restriction is that facilities don't choose the number of stations with information of demand shocks. This is credible given that number of stations is highly regulated, hence determined ex-ante by facilities.

<sup>&</sup>lt;sup>7</sup>In practice, an attempt to estimate this purely via Maximum Likelihood yields no convergence.

#### 6.3 Cost

With the demand estimates in hand, I now turn to the estimation of the marginal costs.

The first order conditions imply one equation per facility-year, and each of them have two unknowns: the marginal costs  $mc_{jt}$  and the effect of quality on marginal costs  $\frac{\delta mc_{jt}}{\delta Qua_{jt}}$ . Hence, I cannot solve first order conditions to back out the marginal cost directly as is common in the industrial organization literature<sup>8</sup>.

I thus estimate a marginal cost function using generalized method of moments (GMM), following Eliason (2022). The moments are based on the first order conditions of facilities. To simplify estimation, I assume facilities maximize their own profits rather than the profits of the firm (single-product firms):

$$(p_t - mc_{jt})\frac{\delta s_{jt}}{\delta Qua_{jt}} - \frac{\delta mc_{jt}}{\delta Qua_{jt}}s_{jt} = 0$$

I parametrize the marginal cost function to depend on facility characteristics (including quality) and an additively separable error term  $v_{jt}$  which corresponds to unobserved marginal cost shocks:

$$mc_{jt} = f(Qua_{jt}; \theta) + v_{jt}$$
$$mc_{jt} = \theta_0 + \theta_1 Qua_{jt} + \theta_2 Independent_j + \theta_3 Public_j + \theta_4 Chain_j + v_{jt}$$

Substituting this expression into the first order conditions:

$$(p_t - f(Qua_{jt}; \theta) - v_{jt})\frac{\delta s_{jt}}{\delta Qua_{jt}} - \frac{\delta(f(Qua_{jt}; \theta) + v_{jt})}{\delta Qua_{jt}}s_{jt} = 0$$

I then solve for  $v_{jt}$ :

$$(p_t - f(Qua_{jt}; \theta) - v_{jt}) \frac{\delta s_{jt}}{\delta Qua_{jt}} = \frac{\delta(f(Qua_{jt}; \theta) + v_{jt})}{\delta Qua_{jt}} s_{jt}$$

$$(p_t - f(Qua_{jt}; \theta) - v_{jt}) = \frac{\delta(f(Qua_{jt}; \theta) + v_{jt})}{\delta Qua_{jt}} s_{jt} \left(\frac{\delta s_{jt}}{\delta Qua_{jt}}\right)^{-1}$$

$$-v_{jt} = \frac{\delta(f(Qua_{jt}; \theta) + v_{jt})}{\delta Qua_{jt}} s_{jt} \left(\frac{\delta s_{jt}}{\delta Qua_{jt}}\right)^{-1} - p_t + f(Qua_{jt}; \theta)$$

$$v_{jt} = -\frac{\delta(f(Qua_{jt}; \theta) + v_{jt})}{\delta Qua_{jt}} s_{jt} \left(\frac{\delta s_{jt}}{\delta Qua_{jt}}\right)^{-1} + p_t - f(Qua_{jt}; \theta)$$

<sup>&</sup>lt;sup>8</sup>Crawford et al. (2019) back out both marginal costs and the effect of quality on marginal costs by solving first order conditions. However, in their setting, they can derive first order conditions for price as well as for quality. In the Uruguayan dialysis market the patients do not face prices at all.

I assume providers know their unobserved cost shocks  $v_{jt}$  before choosing their quality. To address this endogeneity source, I employ demand-side instruments for quality: percentage of patients with diabetes and percentage of patients with heart disease at each facility-year. This allows me to formulate marginal cost moment conditions and sample analogs:

$$E(v_{jt} \times Z) = 0, \quad G(\theta) = \frac{1}{J} \sum_{j} v_{jt} Z$$

where Z is a vector of instruments. I use the two-step estimator from (Hansen, 1982) to estimate the marginal cost parameters.

## 7 Results

#### 7.1 Quality scores

I estimate the presented model using URR as the quality measure and use these quality scores as my definition of quality in demand estimation.

The dependent variable is thus a binary indicator of the treatment reaching the URR threshold of 0.65, which defines adequate treatments. I present the results in Table 4. Patients with diabetes and heart disease (cardiopathy or vascular peripheral disease) have on average worse results in terms of URR. Having diabetes reduces the probability of having an adequate treatment by 5.4 percentage points. Being female reduces this probability, on average, in 15.6 percentage points.

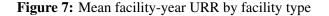
Table A2 shows quality measures do not vary substantially in their mean or standard deviation with the risk-adjustment. This shows there is little influence from patients on quality outcomes.

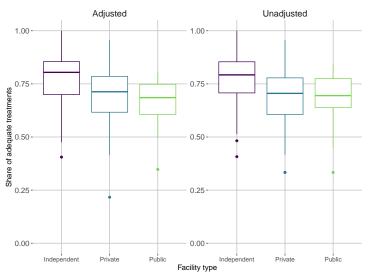
I plot facility-year quality scores in Figure 7. There is substantial variation in the provision of quality according to URR: while some facilities provide adequate quality in 50% of treatments, others approach 100%. There is large overlap among independent, private and public facilities, although average levels tend to be higher for independent facilities. The quality ranking of facilities (averaging over all years) varies little with adjustment, but there is some reordering (Figure A5).

	Adequate URR (1)
Age	0.001***
	(0.000)
Months on dialysis	0.001***
	(0.000)
Monthly sessions	0.003***
	(0.001)
Decompensated at start	-0.005
	(0.003)
Female	0.156***
	(0.003)
Diabetic	-0.054***
	(0.003)
Cardiopathy	-0.016***
	(0.004)
Vascular peripheral disease	-0.009*
	(0.004)
Working	-0.059***
	(0.004)
Smoking	-0.006
	(0.005)
Insurance type FE	X
Facility-year FE	Х
Observations	77,576
Adjusted $R^2$	0.81

 Table 4: Risk-adjustment regression

Note: "Adequate URR" is a dummy indicating the treatment reached the threshold for URR (0.65). Regressors (including insurance type fixed effects) are time-invariant patients characteristics. Standard errors in parentheses. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001





Note: "Adjusted" shows risk-adjusted share of treatments that reach adequate URR levels, at the facility-year level. "Unadjusted" shows raw share of treatments that reach adequate URR levels, at the facility year-level. "Private" represents facilities owned by private insurance companies. "Independent" represents private facilities non-associated with insurance companies. "Public" represents public facilities.

#### 7.2 Demand

Results yielded by the two-step demand estimation are compared to results from a Conditional Logit in Table 5<sup>9</sup>. At the same time, I show the results for both types of patients: those whose insurance owns a facility (*No provider*), and those whose insurance doesn't (*Has provider*).

All the patient-level estimates are very similar between the Conditional Logit and the two-step procedure. Insurance, Nephrologist and Distance are significant at the 0.1% level. Insurance and Nephrologist's estimated coefficients are positive, while Distance's coefficients are negative, across both types of patients and both estimation frameworks. Both in the Conditional Logit and in the two-step procedure, Nephrologist's coefficients in the *No provider* sample is much bigger than in the *Has provider* sample. This can be interpreted as patients choosing to "follow" their doctor more when they can't "follow" their insurance.

Facility-level estimates are very different among the two estimation techniques. Importantly, the instrumented variable (Total patients) is positive for most patients (*Has provider*) in the Conditional Logit, but negative in the two-step procedure. This is likely due to the fact that in the Conditional Logit, the variable capturing the total number of patients is correlated with unobservable attributes that are valued by patients (and thus endogenous). However, in the two-step procedure, this variable is instrumented

<sup>&</sup>lt;sup>9</sup>The two-step procedure iterates until convergence in the inner and the outer loop. The inner loop (contraction mapping) yields  $max_j |log(s_{jt}^{obs}) - log(\hat{s}_{jt})| = 7.63 \times 10^{-6}$ . At convergence, the outer loop (maximum likelihood) yields two succesive estimations of  $\alpha_2$  that are  $6.21 \times 10^{-6}$  apart.

	Conditio	nal Logit	Two-step procedure		
	Facility choice (1)	Facility choice (2)	Facility choice (3)	Facility choice (4)	Mean utility (5)
Patient level					
Insurance owns facility	2.250***		2.267***		
	(0.053)		(0.048)		
Nephrologist at facility	1.296***	2.225***	1.237***	2.257***	
	(0.072)	(0.140)	(0.066)	(0.132)	
Distance to facility	-0.355***	-0.411***	-0.367***	-0.317***	
	(0.014)	(0.041)	(0.014)	(0.033)	
Facility-year level					
Quality	$0.590^{*}$	1.497**			2.296***
	(0.236)	(0.508)			(0.679)
Shifts	0.338***	0.389***			1.856***
	(0.052)	(0.105)			(0.147)
Stations	0.015	-0.189***			0.531***
	(0.009)	(0.041)			(0.073)
Total patients	0.012***	-0.012*			-0.116***
	(0.002)	(0.006)			(0.015)
Sample	Has provider	No provider	Has provider	No provider	All patients
Estimation method	ML	ML	ML	ML	ĪV
Observations	35,522	5,530	42,950	6,701	206

 Table 5: Demand estimates

Note: Columns 1 and 2 show estimates from a Conditional Logit. Columns 3 to 5 show estimates from the twostep procedure outlined in subsection 6.2. The dependent variable in columns 1 to 4 is a dummy indicating facility choice of each patient. The dependent variable in column 5 is the facility-year level mean utility. Standard errors in parentheses. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001

by a variable exogenous to unobservable attributes. Then, the coefficient becomes negative, as it likely captures the distaste of patients for attending a crowded facility or the restriction of the choice set due to the number of patients attending a facility (given the number of stations and shifts available, which I control for).

I present the first stage of the Instrumental Variables estimation in Table A3. As it is expected, the total number of patients at a given facility is affected negatively by the mean number of stations at other facilities. The Cragg-Donald and Kleibergen-Paap Wald statistics are non-robust and heteroskedasticity-robust analogues to the first-stage F statistics, respectively. However, in the case of one endogenous regressor, the Kleibergen-Paap Wald is equivalent to a non-homoskedasticity robust F-statistic (Andrews et al., 2019). The Cragg-Donald test yields values well beyond the critical value for a 10% maximum bias size, 16.38 (Stock and Yogo, 2005). The employed instruments are thus strong.

Turning to the estimated elasticities and semi-elasticities presented in Table 6, Quality presents the smaller absolute (semi)elasticity estimated. A 1% increase in the quality of a facility would increase patient load at that facility by 1.60%, on average. This is relatively little when compared to other drivers, like distance to facility and being affiliated to the insurance who owns the facility. A 1% decrease in the

distance between a facility and a patient's home makes most patients (*Has provider*) 1.93% more likely to chose that facility. The fact that a patient's insurance owns a facility makes this patient 7.98 times more likely to chose this facility.

Either patients seem to be putting other elements above treatment quality when choosing facility, or there are information frictions that make it difficult for patients to assess a facility's treatment quality. The FNR publishes annual measures of facilities patient outcomes. Figure A6 shows an example of publicly available information about quality. The URR measure I use to construct quality scores is not directly observable for patients, but very correlated to Kt/V which is reported by the FNR. The correlation between URR and Kt/V is 0.75 at the facility-year level. However, from interviews with doctors and patients, this information does not seem to be actually used by patients when choosing a facility. Hence, it's reasonable to interpret these results as patients knowing little about the treatment quality they are receiving, and hence not choosing the facility that could provide them with the best quality.

To illustrate this point, I compute the Marginal Rate of Substitution (MRS) between distance and quality using my demand estimates.

$$\frac{\delta U/\delta x_l}{\delta U/\delta x_k} = MRS_{lk}$$

The marginal rate of substitution of good l for good k is the amount of good k that the consumer must be given to compensate her for a one-unit reduction in her consumption of good l, at current levels of goods l and k (Mas-Colell et al., 1995).

$$\frac{\delta U/\delta Dis}{\delta U/\delta Qua \times 0.01} = \frac{-0.367}{2.296 \times 0.01} = -15.984$$

Assuming full information, in exchange for a 1km decrease in the distance to their facility, a patient is willing to give up 15.9 percentage points in the probability of receiving an adequate treatment. This seems to be a MRS too large and implies it's not likely patients have full information in this market (Cheng, 2023).

The demand for the provider owned by the patient's insurance could also be interpreted as a way of seeking a better overall quality of health care. I gather from interviews that some doctors actually recommend this to patients seeking advise, as it makes treating complications, accessing prescriptions and receiving studies more easy and less time-consuming. When a patient attends a provider owned by their

	Has provider	No provider	All patients
Patient level			
Insurance owns facility (SE)	7.98		
	(2.38)		
Nephrologist at facility (SE)	2.52	8.02	
	(0.55)	(2.42)	
Distance to facility (E)	-1.93	-1.69	
	(1.34)	(1.29)	
Facility-year level			
Quality (E)			1.60
			(0.36)
Shifts (E)			9.63
			(1.85)
Stations (E)			6.13
			(1.57)
Total patients (E)			-6.64
			(2.31)

Table 6: Elasticities and semi-elasticites

Note: Elasticities and semi-elasticities are computed using estimates from the two-step procedure shown in Table 5. "(SE)" indicates estimates are semi-elasticities. "(E)" indicates estimates are elasticities. Estimates are means across patient groups (*Has provider*, *No provider* or *All patients*). Standard errors in parentheses.

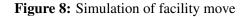
insurance, the doctors at this provider are usually also employed by the insurance. Thus, they can provide the needed paperwork for the patient to receive medication, treatment or diagnosis at their provider.

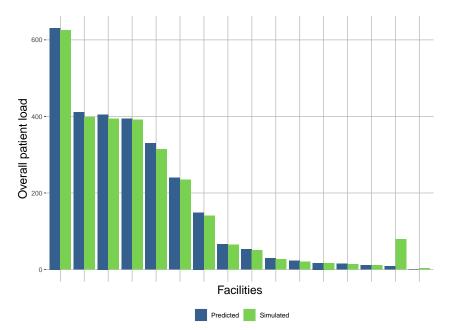
#### 7.2.1 Simulation

Geographic concentration is a salient characteristic of the Uruguayan dialysis market. This is a concern for patients and regulators, as health outcomes have been found to be negatively correlated to travel time to a dialysis facility in the Dialysis Outcomes and Practice Patterns Study (DOPPS) (Moist et al., 2008). Additionally, patients need to travel to the dialysis facility 3 times a week and patients further from facilities tend to come from less-well-off areas.

In this context, I simulate the move of a facility from the center of the city to the North-East, an underprovided area, which helps illustrate the relevance of distance in the preferences of patients. This facility is the third best in terms of provided quality. Specifically, I simulate a move from 8 de Octubre and Garibaldi to 8 de Octubre and Belloni. One facility is removed from both the predicted and simulated sample, because it is no longer in the market.

To this end, I predict the choice of each of the patients that have entered dialysis in this period based on the demand estimates of the two-step procedure. A patient is assigned to the facility that gives her





Note: "Simulated" shows predicted patient entry count based on the moved facility new location. "Predicted" shows predicted patient entry count based on current facility locations.

the most utility based on her characteristics and facility characteristics. I do this for patients in the *No provider* and the *Has provider* markets separately. I then simulate the move of the mentioned facility and recompute the distance to each of the patients' home addresses and predict the choice in this new situation. I hold other facility-level characteristics, as well as patient level characteristics, fixed. Facilities do not adjust quality once the facility moves location, and hence this is a non-equilibrium counterfactual.

In Figure 8, I show the patient count simulation with the facility move in comparison to the prediction of patient count based on current locations. The simulated move of the facility increases 7.8 times the patient load at that facility. In Figure A7, I show the predicted location of patients with the actual facility location ("Predicted") and the predicted location of patients with the counterfactual location ("Simulated"). Patients predicted to choose the facility in the counterfactual come overwhelmingly from the region near the facility.

#### 7.3 Cost

The marginal cost estimates are presented in Table 7. Across all specifications, quality makes up a sizable share of marginal costs. A 10 percentage point increase in the likelihood that a treatment achieves an adequate level of URR implies a cost of between 196.7 and 222.7 Uruguayan pesos per treatment, which is around 5% of the mean marginal cost. In other words, providing 100% treatments at an adequate level

of URR would cost between 1967.7 and 2227.4 Uruguayan pesos per treatment, which is roughly double the mean estimated markup.

The mean percentage of adequate treatments in the facility-year sample is 73%. Providing this level of quality per treatment would cost 1626.1 pesos, which is 31.8% of the average marginal cost.

Facilities face high costs of providing quality which likely stem from inputs (like non-reusable filters and durable equipment) and specialized human capital (nurses, technicians and nephrologists). This shows quality is costly, and thus facilities may have an incentive to underprovide quality to increase their margins.

The mean estimated markup remains stable across specifications at around 20% of the mean marginal cost. This is very close to what Eliason (2022) estimates for the dialysis market in the United States  $(18\%)^{10}$ .

The component of marginal cost that is unrelated to quality varies by facility type. As explained above, I classify facilities as public, private or independent. Public facilities are owned an managed by public hospitals, private facilities are owned and managed by private health insurance companies, and independent facilities are private firms but are not related to health insurance companies.

Independent facilities exhibit overall lower costs. As these facilities are not owned by a particular health insurance, dialysis is their only business and their only source of revenue. This means they have for-profit status, unlike private facilites. The fact that they have a lower non-quality component of the marginal cost is consistent with a more efficient management of resources as well as a clearer profit motive. This may not result in an overall lower marginal cost, as these facilities seem to be some of the ones providing best quality treatment. It is possible these facilities are also more efficient at providing quality; however, this specification cannot speak to possible differences in the efficiency of quality provision.

On the other hand, public facilities have a higher non-quality component of marginal cost, which is consistent with the fact that they do not actually need to have a profitable operation. It's worth remembering that public facilities are subsidized in their human capital costs as well as some of their drug expenses; as far as public facilities' management do not internalize these costs when making decisions about quality provision, these costs are not included in my marginal costs estimation. Hence, this is likely a lower bound of the marginal costs of public facilities.

<sup>&</sup>lt;sup>10</sup>For reference, De Loecker et al. (2020) estimate aggregate markups for the overall US economy were 20% in 1980 and have risen to 61% in 2019.

This estimation framework lets marginal costs and the effect of quality on marginal costs vary by facility and time. However, it assumes these objects of interest do not change with the amount of treatments provided or patients. In practice, an attempt to let the marginal cost vary with quantity yielded no convergence.

In Table A4 I show a first stage of the instrumental variables employed. Wald tests indicates these instruments are relevant and strong.

	(1)	(2)	(3)	(4)
Constant	3650.8**	4115.7***	3829.3**	3513.2*
	(1345.8)	(1034.4)	(1180.6)	(1386.9)
Quality	2078.6	1751.7*	1967.7*	2227.4*
	(1062.6)	(835.5)	(943.7)	(1113.3)
Independent		-123.9	-118.6	-251.1
		(83.09)	(85.54)	(173.4)
Public			87.99	97.69
			(105.8)	(113.0)
Chain FE				Х
Observations	210	210	210	210
Mean marginal cost	5,174.2	5,342.9	5,227.2	5,089.6
Mean markup	1,080.5	911.8	1,027.5	1,165.0

 Table 7: Marginal cost estimates

Note: Estimates of marginal cost function estimated by GMM. Variables are at the facility-year level. Quality is the average level of URR. "Independent" represents private facilities non-associated with insurance companies. "Public" represents public facilities. "Private" (the omitted category) represents facilities owned by private insurance companies. Chain fixed effects absorb the effect of being owned by the three main independent facility chains. Standard errors in parentheses. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001

### 8 Conclusions

In this paper, I assess the incentives for quality supply faced by facilities in the hemodialysis market in Montevideo. To this end, I use administrative data at the patient level between 2004 and 2017 to estimate quality scores. I choose URR as my main quality measure because it accurately defines the adequacy of treatments. I use these scores to estimate a demand model whose main challenge is accounting for the unobservable restriction of the choice set because of facilities being full. I overcome this by including the number of patients, shifts and stations at a facility and estimating the model by Maximum Likelihood with a contraction mapping, and Instrumental Variables. I then use a GMM estimation to estimate marginal costs and the effect of quality on marginal costs.

I show that demand for quality is low compared to other drivers like distance to the facility. Assuming

full information, in exchange for a 1km reduction in the distance to a facility, a patient is willing to give up 15.9 percentage points in the probability of receiving an adequate treatment. Moving a high-quality facility to an underprovided area would increase patient load 7.8 times. The cost of providing the average level of quality per treatment is 31.8% of the mean marginal cost.

Taken together, the presented evidence suggests the high dispersion in quality provision observed among facilities may stem from low economic incentives to provide better quality treatments. Faced with a uniform price scheme, low demand for quality and high cost of quality provision, facilities may be providing quality in a manner that maximizes profits but not patient outcomes. If this was true, public regulation could play a role in aligning the objectives of facilities and patients.

One possible policy avenue is to make quality more salient, which would increase demand for quality. Regulators at the FNR have been working on making information more accessible for patients in their website, which could help overcome information frictions and in turn impact quality supply. Another possible policy proposal is to put in place a price (reimbursement) scheme that rewards quality provision or adjusts prices to patients' characteristics. This has been proposed by regulators and facilities in the past, and could help facilities provide better treatments.

Further research is needed to assess some of these policy options. A next step in this path is to simulate equilibrium counterfactuals of different price schemes. This could help better tailor the scheme implemented for the welfare of patients. These kind of computations depend critically on the quality of the information employed. Better information on the cost structure as well as the amenities of facilities could help make more rigorous policy proposals.

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## **Appendix A: Additional figures**

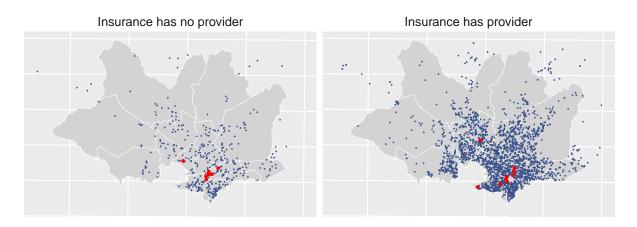


Figure A1: Patient and facility location by facility type

Note: Patients entering dialysis 2003-2017 in Montevideo. Red dots represent facilities location, blue dots represent patients' homes.

Year	Facility	Chain	Province
2001	Intir	Diaverum	Montevideo
2001	Crani Lagomar	Diaverum	Canelones
2001	Crani Minas	Diaverum	Minas
2001	Crani 33	Diaverum	Treinta y Tres
2009	Renis	Diaverum	Montevideo
2011	Seine*	Diaverum	Montevideo
2011	Senniad**	Diaverum	Montevideo
2011	Cenepa	Ceneu	Canelones
2012	Unedi	Diaverum	Canelones
2013	Cedina	Ceneu	Montevideo
2015	Asoc Esp***	Ceneu	Montevideo
2017	Ceter	Diaverum	Maldonado
2017	Canimel	Ceneu	Cerro Largo
2018	Sedic	Ceneu	Montevideo
2018	INU	Ceneu	Montevideo
2023	Comeca***	Diaverum	Canelones
2023	Uruguayana***	Ceneu	Montevideo

Table A1: Acquisitions and management agreements

Note: Each row represents one acquisition or management agreement. In bold: adult hemodialysis 2003-2017 in Montevideo. \*Peritoneal dialysis. \*\*Pediatric dialysis. \*\*\*Management agreement.

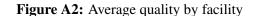
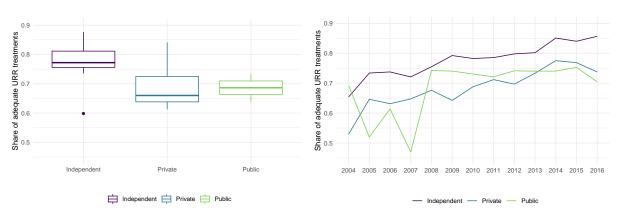
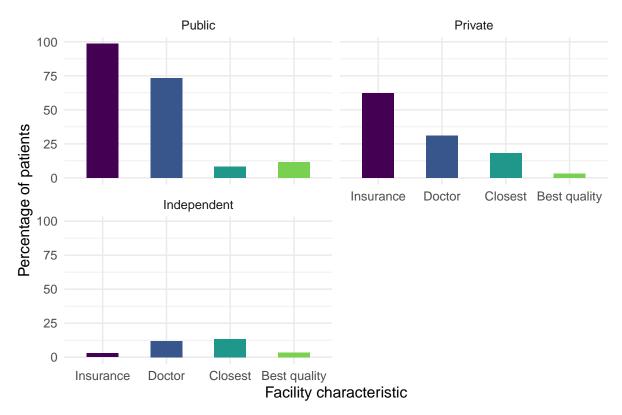


Figure A3: Average quality over time

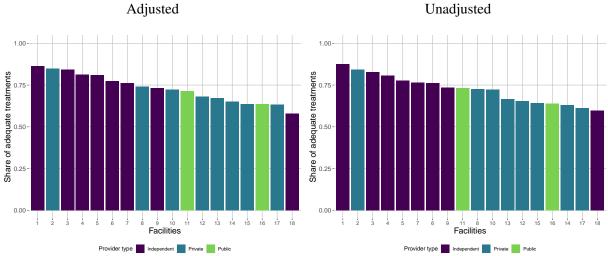


Note: Patients attending dialysis 2004-2017 in Montevideo. The first figure shows the variation in the average share of patients receiving adequate URR treatment across facilities. The second figure shows the evolution of the average yearly share of patients of patients receiving adequate URR treatment over time.



## Figure A4: Facility choice by chosen facility type

Note: Patients entering dialysis 2003-2016 in Montevideo. The figure plots the percentage of patients choosing facilities of different characteristics by type of chosen facility. "Insurance" shows patients choosing a facility owned by their insurance, "Doctor" shows patients choosing a facility where their Doctor works.



**Figure A5:** Quality rankings

Note: "Adjusted" shows risk-adjusted share of treatments that reach adequate URR levels, at the facility level. "Unadjusted" shows raw share of treatments that reach adequate URR levels, at the facility level. "Independent" represents private facilities non-associated with insurance companies. "Public" represents public facilities. "Private" (the omitted category) represents facilities owned by private insurance companies.

	Unadjusted		Adjusted	
Urea Reduction Rate	0.75	(0.15)	0.75	(0.14)
No complications	0.86	(0.07)	0.87	(0.06)
Hemoglobin	0.73	(0.12)	0.73	(0.12)
Kt/V	0.83	(0.12)	0.83	(0.11)
Septic infection	1.00	(0.01)	1.00	(0.01)
Survival	0.99	(0.01)	0.99	(0.01)
Urea	0.85	(0.07)	0.84	(0.07)

Table A2: Means and SD of quality measures

Note: "Adjusted" shows risk-adjusted share of treatments that reach adequate URR levels, at the facility-year level. "Unadjusted" shows raw share of treatments that reach adequate URR levels, at the facility year-level. Standard errors in parentheses.

	(1)
	Total patients
Quality	16.982**
	(6.118)
Shifts	9.982***
	(0.933)
Stations	3.702***
	(0.319)
Mean stations -j	-4.212***
C C	(0.483)
Observations	206
CD Wald F	66.182
KP Wald rk F	75.945

Table A3: First stage of mean decomposition

Note: "Quality" is risk-adjusted URR. "Stations" is the number the stations at each facility. "Mean stations -j" is the mean number of stations at other facilities. Standard errors in parentheses. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001

	(1)	(2)	(3)	(4)
	Quality	Quality	Quality	Quality
Proportion with diabetes	1.840***	1.284***	1.069***	0.957***
	(0.161)	(0.158)	(0.147)	(0.149)
Proportion with cardiopathy	0.824***	1.035***	1.147***	1.278***
	(0.163)	(0.151)	(0.139)	(0.145)
Independent		0.229***	0.258***	0.143***
		(0.028)	(0.028)	(0.034)
Public			0.164***	0.165***
			(0.028)	(0.029)
Chain 1				0.191***
				(0.045)
Chain 2				0.058
				(0.040)
Observations	219	219	219	219
CD Wald F	1,163.075	799.554	686.903	765.400
KP Wald rk F	1,869.890	906.528	713.479	824.275

Table A4: First stage of marginal cost function estimate

Note: "Proportion with diabetes" is the proportion of patients with diabetes at a facility. "Proportion with cardiopathy" is the proportion of patients with cardiopathy at a facility. "Independent" represents private facilities non-associated with insurance companies. "Public" represents public facilities. "Private" (the omitted category) represents facilities owned by private insurance companies. Standard errors in parentheses. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001

Figure A6: Example of quality disclosure



## FONDO NACIONAL DE RECURSOS

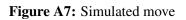
Programa de Presentación de Resultados

Centro de Hemodiálisis Hospital Británico (Montevideo). Año 2021

Los resultados de cada IMAE se comparan con los obtenidos en el total de la población en tratamiento a nivel nacional con cobertura del FNR en el mismo año. Para las variables que lo requieren, se estableció un "límite de aceptabilidad" que toma en cuenta las recomendaciones que se encuentran en la literatura especializada así como el contexto nacional.

Características generales	<u>HBritánico</u>	Media nacional
Total do posiontos ol 21/12/2021	48	2627
Total de pacientes al 31/12/2021		2627
Edad promedio (años)	67	62,62
Diabéticos (%)	31,3	35,5
Calidad de la diálisis	HBritánico	Media nacional
Pacientes con Kt/V≤ a 1,3 (%)	15,2	17,9
Diferencia promedio pesos corporales post diálisis- pesos	0,7	0,6
"objetivo" de cada paciente		
Pacientes con urea en sangre ≥ 1,7 mg/l (%)	12,5	6,7
Pacientes con fósforo en sangre ≥ 5,5 mg/l (%)	50	43
Pacientes con PAS < 140 mm Hg (%)	33,3	30,1
Pacientes con hemoglobina en sangre ≤10 g/l (%)	2,2	13,3
Reacciones pirogénicas (cada 1000 procedimientos)	0,57	0,33
Mortalidad	<u>HBritánico</u>	Media nacional
Mortalidad estandarizada por mil pacientes expuestos	78	133

Note: Screenshot of pdf posted on the FNR website. One of this is posted for each facility-year. Retrieved from www.fnr.gub.uy/wp-content/uploads/2022/12/dialisis\_hbritanico\_2021.pdf, 09/2024.





Note: "Simulated" shows predicted patient entry count based on the moved facility new location. "Predicted" shows predicted patient entry count based on current facility locations. Red dots indicate facility location, blue dots indicate patients homes.

## **Appendix B: Heterogeneity in patient choice**

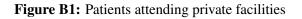
In this appendix, I use descriptive evidence to explore the role of different drivers of demand for different subsamples of patients.

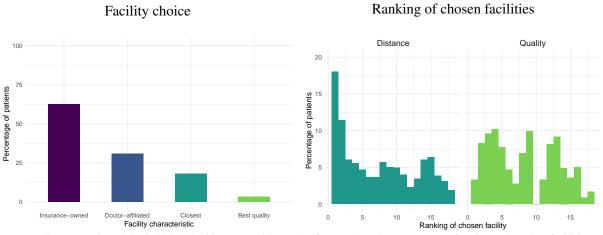
Among patients attending different facility type (Figures B1 to B3), patients who attend private and independent facilities disproportionately choose facilities closer to their home, while patients attending public facilities do not seem to have such preference. This is related to the fact that almost all patients attending public facilities come from public insurance, so they seem to be choosing based on that rather than distance. It is worth noting that in the case of independent facilities, patients seem to be trading-off distance and quality very starkly; lower quality facilities seem to be chosen more than highest quality ones.

Although almost 100% of patients attending public facilities come from public insurance (Figure B5), little over 50% of patients from public insurance attend public facilities. This seems very likely related to capacity constrains in public facilities (Figure 4). This fact may explain why a very high percentage of patients from public insurance attend independent facilities (Table 3). Patients from private insurance seem to be choosing facilities associated with their insurance in more than 60% of cases (Figure B4). They also seem to be choosing distance over quality even more frequently than patients from public insurance.

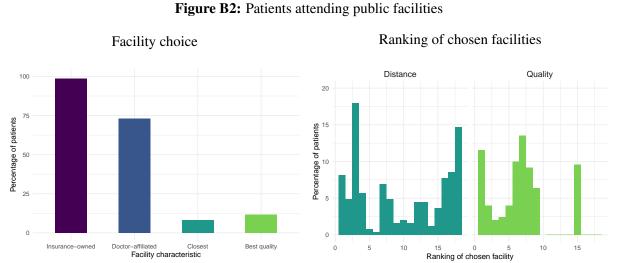
More sophisticated patients may have different choice patterns than more sophisticated ones. Patients with less than Secondary education are the majority of the sample (Table 3), and do not seem to be choosing very differently than patients with Secondary education or more (Figure B7). Patients with Secondary attend their nearest facility more often and do not seem to choose higher quality more often (Figure B6).

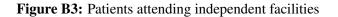
Low mobility is definitely one of the unobservable factors influencing patient choice. However, in comparing patients according to their capacity (Figure B8 and Figure B9), I show descriptive evidence that fully capable patients choose almost identically to not fully capable ones. If anything, fully capable patients seem to be choosing closer facilities more than not fully capable ones.

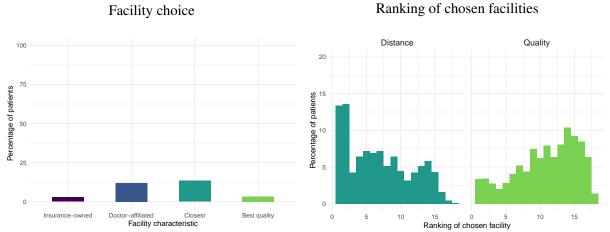




Note: Patients entering dialysis 2003-2016 in Montevideo. The figure plots the percentage of patients choosing facilities of different characteristics.







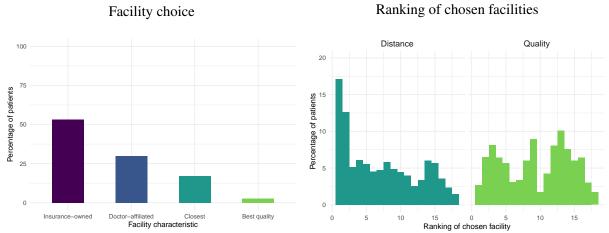


Figure B4: Patients attending private insurance (IAMC/IAMPP)

Note: Patients entering dialysis 2003-2016 in Montevideo. The figure plots the percentage of patients choosing facilities of different characteristics.

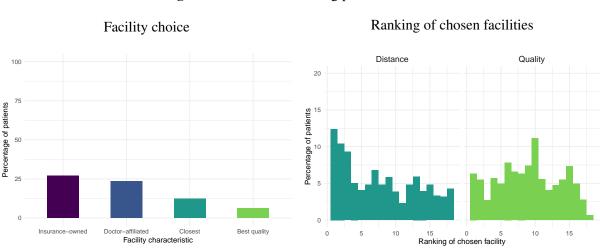


Figure B5: Patients attending public insurance

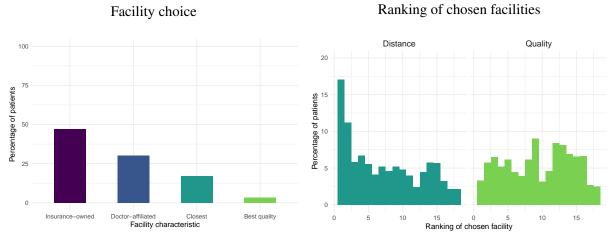


Figure B6: Patients with Secondary or more

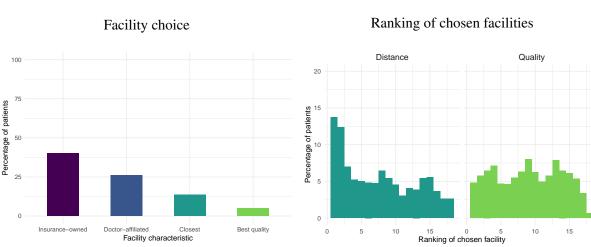


Figure B7: Patients with less than Secondary

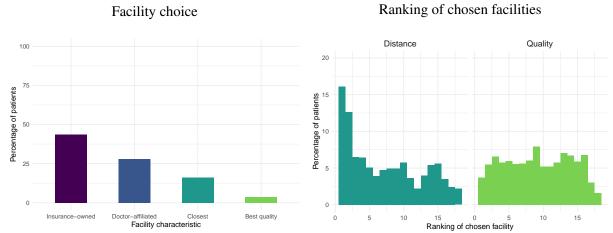


Figure B8: Fully capable patients

